June 2025 Breakfast & Snack Menu 🛄



HEAD START AND EARLY HEAD START

EDMONDS COLLEGE



Tuesday

Wednesday

Thursday

Friday

6

Chex Cereal Mandarin Oranges

Cheese and Crackers **Tropical Fruit**

WGR Bagels w/ **Cream Cheese Pears**

WGR Blueberry **Muffins** Applesauce

Snack Mix (Cereal Crackers. Dried Fruit)

Tropical Fruit WGR English Muffin w/ Sun Butter Peaches

WGR Banana Muffin **Pears**

Yogurt Mandarin Oranaes

10 Snack Mix (Cereal, Crackers. Dried Fruit)

Mandarin Oranges Cheerios **Pears**

Yogurt and Berry Parfait w/ Oat Topping

WGR Soft Pretzel w/ Honey Mustard **Peaches**

WGR Berry Bites 12 **Mandarin Oranges**

WGR Bagel w/ Cream Cheese **Applesauce**

WGR English Muffil 13 w/ Sun butter Pears

Cheese and Crackers Bananas

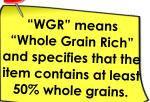
17 Cheerios **Pears**

WGR Berry Bites Pineapple Tidbits

WGR Zucchini **Bread Applesauce**

Crackers Peaches

Cheese and



No peanut, nuts, or pork products are used in the preparation of any menu item. Milk (1% low fat) is served with every breakfast.

This institution is an equal opportunity provider.

Berry Month!

One of the great opportunities of summer is visiting local you-pick farms. It is an



excellent way for your child to learn about how fruits and vegetables grow, as well as using their motor skills to help pick their own produce. Did you know there are many farms within a 15 mile drive?

Did you know you can get extra WIC checks specifically to use at local farmer's markets? You can! All WIC participants are eligible! Ask your local WIC agency about which days this month you can get this benefit before they run out.

Many local farmer's markets also accept EBT benefits and some even match the amount you spend, giving you more produce for your money!