

# June 2026 EHS 1-3 Lunch Menu

## Monday

1

No Classes

8

No Classes

15

Vegetable Soup  
(Zucchini, Tomato,  
Onion),  
Hardboiled Egg  
WGR Roll  
Peaches

22

Navy Bean Soup  
(Diced Chicken,  
Beans, Carrot, On-  
ion, Celery)  
WGR Roll  
Applesauce

29

Chicken and Rice  
Soup  
(Chicken, Brown Rice,  
Carrot, Onion)  
WGR Goldfish Crack-  
ers  
Pears

## Tuesday

2

Potato Chowder  
(Potato, Diced  
Chicken, Corn,  
Carrots, Onion)  
WGR Roll  
Peaches

9

Creamy Tomato  
Basil Soup  
(Tomato, Zucchini)  
Cheese Stick  
WGR Bread Stick  
Pears

16

Bean & Rice mix  
(Beans, Brown  
Rice, Salsa, Shred-  
ded Cheese)  
Roasted Corn  
Pineapple tidbits

23

Pasta Bake  
(Pasta, Tomato  
Sauce, Shredded  
Cheese)  
Steamed Carrots w/  
Dip  
Pears

30

Baked Chicken  
Tenders  
Baked Beans  
Steamed Broccoli  
w/ Dip  
Peaches

## Wednesday

3

Turkey and  
Cheese Sandwich  
on WGR Bread  
Cucumber w/ Dip  
Strawberries

10

BBQ Pulled  
Chicken on WGR  
Buns  
Mashed Potatoes  
Strawberries

17

Chicken & Cheese  
Quesadilla  
(Flour Tortilla, Diced  
Chicken, Cheese)  
Salsa  
Sweet Corn  
Bananas

24

Chicken Teriyaki  
(Chicken, Rice)  
Steamed Broccoli  
w/ Dip  
Pineapple Tidbits

## Thursday

4

Southwest Chili  
(Beans, Carrots,  
Corn, Bell Pepper)  
WGR Roll  
Pineapple Tidbits

11

Spaghetti  
(Pasta, Beef & Chicken  
meatballs, Tomato  
Sauce, Cheese)  
Steamed Broccoli w/  
Dip  
WGR Roll  
Mandarin Oranges

18

Egg Salad Sand-  
wich on WGR  
Bread  
Steamed Carrot  
w/ Dip  
Strawberries

25

Macaroni & Cheese  
w/ Chicken  
(Pasta, Diced Chick-  
en, Cheese Sauce)  
Steamed Carrots w/  
Dip  
Peaches

## Friday

5

No Classes

12

Turkey and Chees  
Sandwich on WGR  
Bread  
Steamed Carrots w/  
Dip  
Mixed Berries

19

No Classes

26

WGR Pita Bread  
Hummus  
Hardboiled egg  
Cucumber Slices  
Blueberries

Infants 0-11 months  
old are offered  
breast milk or for-  
mula.

No peanut, nuts, or  
pork products are  
used in the  
preparation of any  
menu item.

Children 12-23 months  
old are  
offered whole milk and  
everyone over 24  
months is offered 1%  
milk with lunch and  
breakfast.

"WGR" means "Whole  
Grain Rich" and specifies  
that the item contains at  
least 50%. Iron-fortified  
infant cereal is available  
for infants 6-11m old.



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HEAD START AND  
EARLY HEAD START



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