

June 2026 EHS 6-11m Breakfast & Snack Menu



EDMONDS COLLEGE
HEAD START AND
EARLY HEAD START



Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Chex Cereal Diced Hardboiled Egg Mandarin Oranges</p> <hr/> <p>Diced Cheese and Crackers Pears</p>	<p>3</p> <p>Cottage Cheese Pears</p> <hr/> <p>WGR Blueberry Muffins Applesauce</p>	<p>4</p> <p>Yogurt Mandarin Oranges</p> <hr/> <p>WGR Goldfish Crackers Peaches</p>	<p>5</p> <p>No Classes</p>
<p>9</p> <p>WGR Banana Muffins Diced Hardboiled Egg Mandarin Oranges</p> <hr/> <p>Cheerios Pineapple Tidbits</p>	<p>10</p> <p>Cottage Cheese Mixed berries</p> <hr/> <p>WGR Berry Bites Peaches</p>	<p>11</p> <p>Yogurt Bananas</p> <hr/> <p>Chex Cereal Applesauce</p>	<p>12</p> <p>WGR Banana Bites Hardboiled Egg Pears</p> <hr/> <p>Diced Cheese and Crackers Bananas</p>
<p>16</p> <p>Cheerios Diced Hardboiled Egg Pears</p> <hr/> <p>WGR Berry Bites Pineapple Tidbits</p>	<p>17</p> <p>Cottage Cheese Applesauce</p> <hr/> <p>Diced Cheese and Crackers Peaches</p>	<p>18</p> <p>Yogurt Bananas</p> <hr/> <p>WGR Goldfish Crackers Peaches</p>	<p>19</p> <p>No Classes</p>
<p>23</p> <p>WGR Berry Bites Diced Hardboiled Eggs Mandarin Oranges</p> <hr/> <p>Diced Cheese and Crackers Pears</p>	<p>24</p> <p>Cottage Cheese Applesauce</p> <hr/> <p>Cheerios Peaches</p>	<p>25</p> <p>Yogurt Pears</p> <hr/> <p>WGR Berry Bites Mandarin Oranges</p>	<p>26</p> <p>WGR Blueberry Muffins Diced Cheese Peaches</p> <hr/> <p>Chex Cereal Applesauce</p>
<p>23</p> <p>Cheerios Diced Hardboiled Egg Peaches</p> <hr/> <p>WGR Goldfish Crackers Mandarin Oranges</p>	<p>“WGR” means “Whole Grain Rich” and specifies that the item contains at least 50%. Iron-fortified infant cereal is available for infants 6-11m old.</p>		<p>Children 12-23 months old are offered whole milk and everyone over 24 months is offered 1% milk with lunch and breakfast.</p>

June is Berry Month!

One of the great opportunities of summer is visiting local you-pick farms. It is an excellent way for your child to learn about how fruits and vegetables grow, as well as using their motor skills to help pick their own produce. Did you know there are many farms within a 15 mile drive?

Did you know you can get extra WIC funds specifically to use at local farmer's markets? You can! All WIC participants are eligible! Ask your local WIC agency about which days this month you can get this benefit before they run out.

No peanut, nuts, or pork products are used in the preparation of any menu item.

Infants 0-11 months old are offered breast milk or formula.

This institution is an equal opportunity provider.