

# August 2025 Breakfast & Snack Menu

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Cheerios  
Peaches**

Cheese and  
Crackers  
Pears

**WGR English Muffin  
w/ Sun Butter  
Applesauce**

WGR Zucchini Bread  
Mandarin Oranges

**WGR Banana  
Muffins  
Pears**

Kix Cereal  
Bananas

**Yogurt  
Peaches**

Snack Mix  
(Cereal, Crackers)  
Pineapple Tidbits

**WGR Bagel w/  
Cream Cheese  
Applesauce**

WGR Blueberry  
Muffins  
Pears

"WGR" means "Whole Grain Rich" and specifies that the item contains at least 50%. Iron-fortified infant cereal is available for infants 6-11m old.

No peanut, nuts, or pork products are used in the preparation of any menu item.

Infants 0-11 months old are offered breast milk or formula.

Children 12-23 months old are offered whole milk and everyone over 24 months is offered 1% milk with lunch and breakfast.



**EDMONDS COLLEGE**  
**HEAD START AND**  
**EARLY HEAD START**



*This institution is an equal opportunity provider.*