

August 2025 Socialization Menu



EDMONDS COLLEGE
HEAD START AND
EARLY HEAD START



Mondays
9:30am to 11:30am or 12:00 to 2:00pm

4

Potato Chowder
(Potatoes, Diced
Chicken, Corn, Onion)
WGR Rolls
Mandarin Oranges
6-11 months old
Soup
WGR Roll
Mandarin Oranges

18

Turkey & Cheese Sand-
wich on WGR Bread
Cucumber w/ Dip
Peaches
6-11 months old
Diced Turkey & Cheese
Steamed Broccoli
Peaches

"WGR" means
"Whole Grain Rich"
and specifies that the
item contains at least
50% whole grains.

No peanut, nuts, or
pork products are
used in the
preparation of any
menu item.

Infants 0-11
months old are
offered breast
milk or formula.

Children 12-23 months
old are offered whole
milk and everyone
over 24 months is of-
fered 1% milk with
lunch and breakfast.

