

August 2024 EHS Lunch Menu

Wednesday

7

Turkey and Cheese Wrap
(Turkey, Cheese, Lettuce,
Tortilla)

Carrots w/ Dip
Strawberries

6-11 months

Diced Turkey & Cheese,
Blanched Carrots, Straw-
berries

Thursday

8

BYO Taco Day
(Ground Beef, Beans, Sal-
sa, Cheese, Lettuce, Tor-
tillas)

Mini Apples

6-11 months

Beans, Diced Cheese,
Tortilla, Applesauce

Children 12-23 months old are offered whole milk and everyone over 24 months is offered 1% milk with lunch.

Infants 0-11 months old are offered breast milk or formula.

“WGR” means “Whole Grain Rich” and specifies that the item contains at least 50% whole grains. Iron-fortified infant cereal is available for infants 6-11m old.

No peanut, nuts, or pork products are used in the preparation of any menu item. Milk (1% low fat) is served with every lunch & breakfast.



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HEAD START AND
EARLY HEAD START



This institution is an equal opportunity provider.