

CREATIVE RETIREMENT INSTITUTE



WINTER 2025

January-March

No grades and no need to apply.

Registration opens December 4 at 8 a.m.



EDMONDS COLLEGE

CREATIVE RETIREMENT
INSTITUTE (CRI)



DID YOU KNOW?

Creative Retirement Institute (CRI) is a volunteer-driven program that currently has over 30 active volunteers who contribute over 3,000 hours a year!

MANY WAYS FOR YOU TO PARTICIPATE

Enhance your experience and become an integral part of what makes CRI so dynamic! Your ideas, time, talents, and social support are welcome!

Help plan courses and social events, make new friends, let your voice be heard, and more!

CRI encourages you to become actively involved in the decisions that define our organization. Our committees provide support to our instructors and students; develop and plan quarterly class offerings, schedule, and social events; promote the program; recruit new members; and ensure the financial well-being of CRI.

Our current committees include Audio-Visual (A/V), Classroom Support, Curriculum, Finance, Marketing, Outreach, and Volunteer.

LEARN MORE ABOUT EACH COMMITTEE

edmonds.edu/cri-volunteer

CRI MISSION STATEMENT

CRI is a member-driven, self-supporting organization whose mission is to provide affordable, quality lifelong learning opportunities for adults in a supportive environment.

Registration opens December 4 at 8 a.m.

You can register online at edmonds.edu/cri, by phone at 425.640.1830, or in-person at the CRI office, located at 7020 196th St SW, Lynnwood, WA 98036.

Scholarships Available!

Please contact CRI for details:
cri@edmonds.edu | 425.640.1830

Interested in Teaching for CRI?

We are always looking for instructors and accept proposals for courses.

CRI classes are offered for adults on a non-credit basis and vary in content ranging from art to current issues and history, literature, science, and more. If you have a proposal for a class, please contact us and we'll send you the form.

Withdrawals and Refund Policies

Refund requests must be received two or more business days before the class start date. A \$10 drop fee will be retained for each refunded class. No refunds will be issued without proper notice.

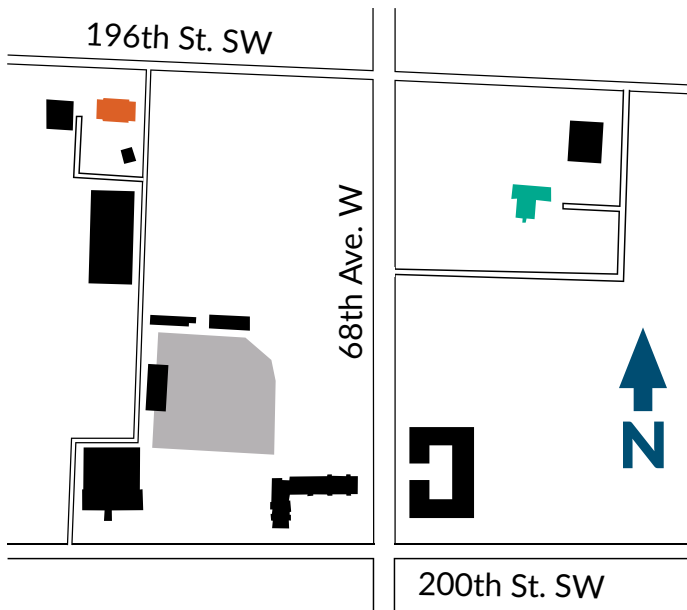
We are unable to issue refunds within two business days of the start date of the course, or after the course has started.

There are no partial refunds.

Students will be notified in advance if a class is canceled or rescheduled for any reason.

We encourage students to check the college website for updates or closures.

Edmonds College Campus



Location Key

MAB: Maltby Building, Edmonds College
(7020 196th St. SW, Lynnwood, WA 98036)

GWY: Gateway Hall, Edmonds College
(6606 196th St. SW, Lynnwood, WA 98036)

ONLINE: Conducted via Zoom (links will be emailed two days prior to class)

Parking

Parking is free for students but a valid permit is required at all times. Permits will be distributed during your first CRI class session. Those who missed the first session, please contact the CRI office to either schedule a time to pick up your permit or request that a permit be emailed to you so you can print it at home.

Dates	Day/Time	Room	Course	Instructor	Price	Page
1/6-2/3*	4 M., 1-3 p.m.	MAB 109	CRI's Expanded Book Discussion Group	Eidemiller, Nancy	\$35	9
1/7-1/21	3 Tu., 1-3 p.m.	ONLINE	Color and Symbolism in Art History Part II	Schrader, Eleanor	\$55	5
1/8-1/29*	CANCELLED	ONLINE	Decoding AI and Its Impact on Humanity	Liu, George	\$60	15
1/8-1/29	4 W., 1-3 p.m.	MAB 109	How to Lie (and Tell the Truth) with Statistics	Silver, Howie	\$60	13
1/9-1/30*	4 Th., 10 a.m.-12 p.m.	MAB 109	The Climate Crisis and How to Stop It	Maxwell, Nick	\$60	13
1/9-1/30*	4 Th., 10 a.m.-12 p.m.	ONLINE	Rilke's "The Book of Hours"	Stahl, Robert	\$60	10
1/10-1/31	4 F., 1-2:30 p.m.	MAB 109	A Swift Survey of Ancient Chinese History Part I: 1600 BC-1500 AD	Busch, Kristi	\$55	7
1/13-1/27*	2 M., 10 a.m.-12 p.m.	ONLINE	Alto Madness: Legendary Jazz Alto Saxophonists	Jensen, Brent	\$45	6
1/14-1/21	2 Tu., 10-11:30 a.m.	ONLINE	Ghetto, Emancipation, Immigration: Jews from the German States	Brooks, Andrée	\$40	8
1/16-2/6	4 Th., 1-3 p.m.	MAB 109	"An Enemy of the People" Written by Henrik Ibsen (1882) and Adapted by Arthur Miller (1950)	Hanson, Katherine	\$60	10
1/17-1/31	3 F., 10 a.m.-12 p.m.	ONLINE	Cultural Patterns of Creativity	Maasdam, Christine	\$55	5
1/22-1/29*	2 W., 10-11:30 a.m.	MAB 109	Who is the Real James Bond?	Holcomb, Helen	\$40	9
1/28-2/18	4 Tu., 1-3 p.m.	MAB 109	Troilus and Cressida	Taylor, Sean	\$60	11
2/3-3/3*	4 M., 10 a.m.-12 p.m.	ONLINE	European Folk Dance Part II	Winchester, Rachel	\$60	7
2/3-2/10*	2 M., 10 a.m.-12 p.m.	MAB 109	Wildlife of Washington and Wildlife of The West	Brown, Candy	\$45	12
2/5-2/26*	4 W., 10 a.m.-12 p.m.	GWY 352	History of Washington State	Coen, Ross	\$60	8
2/6-2/27*	4 Th., 10 a.m.-12 p.m.	MAB 109	Bach in Weimar: A Selection of Cantatas	Rodé, Miguel	\$60	6
2/7-2/28	CANCELLED	MAB 109	The Development of Western Philosophy from the Pre-Socratics to Plato	Paskin, Sorrell	\$60	13
2/7-2/28	4 F., 1-2:30 p.m.	MAB 109	A Swift Survey of Ancient Chinese History Part II: 1600 BC-1500 AD	Busch, Kristi	\$55	7
2/10	1 M., 1-3 p.m.	MAB 109	Chasing Chimpanzees and Gorillas	Holcomb, Helen	\$30	12
2/12-2/19	2 W., 1-3 p.m.	ONLINE	Michelangelo and Raphael in the Vatican	Albiani, Rebecca	\$50	5
2/13-2/27	3 Th., 1-3 p.m.	ONLINE	Exploring Our Sense of Smell and Fragrance	Weeks, Reitha	\$55	14
2/24-3/17*	4 M., 10 a.m.-12 p.m.	ONLINE	Monstruos y Vampiros: New Latina Speculative Writers	Gjelde-Bennett, Kaja	\$60	10
2/25*	1 Tu., 10 a.m.-12 p.m.	ONLINE	Getting to Know Google Drive	Schwarz, Kate	\$30	14
2/25-3/18*	4 Tu., 10 a.m.-12 p.m.	MAB 109	Introduction to the Criminal Justice System	Walsh, Mimi	\$60	8
2/25-3/18*	4 Tu., 1-2:30 p.m.	ONLINE	U.S. Foreign Policy: Values and Interests in Perennial Conflict?	Fenner, David	\$55	9
2/25-3/18*	4 Tu., 1-3 p.m.	MAB 109	Weather and Climate	Khandro, Linda	\$60	14
2/26-3/19*	4 W., 10 a.m.-12 p.m.	MAB 109	Baroque to Classical: A Look at Music in London in the 18th Century	Parker, Craig	\$60	6
2/26*	1 W., 10 a.m.-12 p.m.	ONLINE	Creating, Sharing, and Collaborating in Google Docs	Schwarz, Kate	\$30	15
2/26-3/19	4 W., 1-3 p.m.	MAB 109	Reading the Canterbury Tales Part II	Taylor, Sean	\$60	11
2/27-3/20*	4 Th., 10 a.m.-12 p.m.	ONLINE	Emily Dickinson in the 21st Century	Reid, Bethany	\$60	11
3/3-3/10	2 M., 1-3 p.m.	ONLINE	Learning Italian from Opera's Superstars	Miner, Erica	\$45	7
3/6-3/20	3 Th., 1-3 p.m.	MAB 109	Can't We All Just Get Along: The Future of International Cooperation (or not)	Montalvo, Maria	\$55	8
3/7-3/21	3 F., 10 a.m.-12 p.m.	MAB 109	Windows 11 and Me	Boston, Brian	\$55	15
3/7	1 F., 1-3 p.m.	MAB 109	"September 1, 1939"	Austin, Jerry	\$30	11
3/10-3/17	2 M., 10 a.m.-12 p.m.	MAB 109	Animal Emotions: Understanding Dogs and Cats	Graves, Shel	\$45	12

* indicates concurrency or no class date. Please see corresponding page for class specific note.

See page 3 for classroom location key.



ART AND MUSIC



CULTURAL PATTERNS OF CREATIVITY

Humans dress themselves each day, contemplating what they will wear. No other animal does. Do you ever wonder when this human habit began ... teasingly we might say the garden? Yet, what motivated humans to create clothing? Did migration cause a need? Developing the abilities to hone tools and craft needles led to the techniques of spinning and weaving which have shaped the beginning of human advancement. Our journey will begin in the Stone Age and span millenniums and cross the globe. Delving into the earliest visual documentation of clothing and the current bio-archaeological research, we will examine the development of fabrics and the artistic patterns that have become associated with cultures across the world.

Christine Maasdam holds a Master of Humanities and a Bachelor of Arts in Cultural Geography. Her art studies include the Courtauld Institute of Art in London, the Smithsonian Early Enrichment Center in Washington, D.C., and Antiquities Trafficking and Art Crime at the University of Glasgow. She is a graduate of the Art Crime Investigation Seminar led by Robert Wittman, founder of the FBI's National Art Crime Team. Christine is a member of the International Foundation for Cultural Property Protection and holds a certificate from Trident Manor on Protection of Cultural Venues. Christine received Sotheby's certifications on "Determining Value: An Appraiser's Perspective" and on "Art Law." She has served as a Los Angeles County Museum of Art docent for over 17 years and is eager to return to Israel as an archaeology volunteer at the City of David.

Fee: \$55
3 Fri., 1/17-1/31 | 10 a.m.-12 p.m.

Maasdam, Christine
ONLINE

COLOR AND SYMBOLISM IN ART HISTORY PART II

Artists use color to create an array of symbolism, emotions, and socio-political meanings within the context of the period in which they created their works of art. Additionally, artists utilized their knowledge of color to portray mood, light, depth, and point of view in a work of art. Progressing through the colors of the rainbow each week, we discuss a variety of paintings throughout art history to understand the artists' intentions and the stories behind the paintings within their respective color spheres. We will also discuss the various histories of color, their meanings in various societies and cultural contexts, and the materials and processes used to make colors. (This course will address the colors of green, blue, and purple. Part I is NOT required to register for this class.)

Eleanor Schrader is an award-winning educator, lecturer, and author. She lectures worldwide on the history of architecture, interiors, decorative arts, and leads art and architecture tours worldwide. She has been named a distinguished instructor of design history at UCLA Extension. She is also a professor emeritus of art and architectural history at Santa Monica College. She has done graduate work in fine and decorative arts at Sotheby's Institute in London and New York and has served as design review commissioner for the city of Beverly Hills. She is co-author of "Wallace Neff (Master Architects of Southern California, 1920-1940)."

Fee: \$55
3 Tue., 1/7-1/21 | 1-3 p.m.

Schrader, Eleanor
ONLINE

MICHELANGELO AND RAPHAEL IN THE VATICAN

For a brief and shining moment during the papacy of Julius II, the greatest sculptor and the greatest painter of the High Renaissance were painting frescoes a stone's throw from one another in the Vatican. Our first session will look at Michelangelo and the Sistine Ceiling. Despite stormy relations with his papal patron and his own insistence that "I'm no painter," Michelangelo's Sistine Ceiling, now gorgeously restored, remains perhaps the greatest work of art ever conceived and executed. We will delve into its complicated program and symbolism. In the following session, we will approach Raphael in the Papal Apartments. When Pope Julius II commissioned Raphael to decorate the Stanza della Segnatura, the young painter had yet to distinguish himself in frescoes. Inspired by Michelangelo's example, Raphael's The School of Athens and the works alongside it epitomize the spirit of the High Renaissance.

Rebecca Albiani earned a BA in art history and Italian from the University of California, Berkeley, and an MA in art history from Stanford University. She also researched 16th-century paintings in Venice on a Fulbright Scholarship. She has been a popular arts lecturer at the Frye Art Museum of Seattle for over twenty years.

Fee: \$50
2 Wed., 2/12-2/19 | 1-3 p.m.

Albiani, Rebecca
ONLINE



ALTO MADNESS: LEGENDARY JAZZ ALTO SAXOPHONISTS

Explore the history of jazz through the captivating sounds of legendary alto saxophonists. This two-session course will delve into the lives, styles, and innovations of iconic figures who have shaped jazz history and influenced generations of musicians. This class will focus on master saxophonists such as Johnny Hodges, Benny Carter, Charlie Parker, Lee Konitz, Paul Desmond, Cannonball Adderly, and Ornette Coleman. Instructor Brent Jensen will present listening sessions, musical analysis, and live demonstrations to trace the evolution of jazz through the lens of these great alto saxophonists. Whether you are a seasoned jazz enthusiast or a newcomer to the genre, this course will introduce you to some of the most important innovators in the history of the music.

Brent Jensen served as the director of jazz studies and woodwinds at the College of Southern Idaho for 18 years. He developed the curriculum for the "Survey of Jazz" course and wrote the textbook, which is still in use at CSI and has been adopted by other colleges in the United States. Brent is a professional jazz saxophonist who has performed and recorded with a wide range of jazz artists.

Fee: \$45
2 Mon., 1/13-1/27 | 10 a.m.-12 p.m.
No class 1/20

Jensen, Brent
ONLINE

BACH IN WEIMAR: A SELECTION OF CANTATAS

During his tenure in Weimar (1708-1717), Johann Sebastian Bach composed around 20 cantatas, which represent a significant development in his musical style. These works, created for the court chapel, showcase Bach's expressive melodies, intricate counterpoint, and innovative orchestration. They paved the way for his extensive cantata production later in his career as he became Thomaskantor in Leipzig. We invite you to join us as we explore some of Bach's most notable Weimar cantatas. We will discuss the occasion for each piece, review its text, and conduct high-level musical analysis to enable a deeper appreciation of Bach's musical language. The sessions will include

listening to excerpts or entire cantatas if time allows. Whether you're a Bach enthusiast or new to his music, this course will equip you with new insights and tools to engage with the works of one of the greatest composers in history.

Miguel Rodé was born and raised in Montevideo, Uruguay, and moved to the U.S. in 2002 as part of his career in Information Technology. He currently lives in Seattle, WA. A lifelong music lover, Miguel developed a special fascination with the music of Johann Sebastian Bach, and in particular with his cantatas and other vocal works over the years. During the COVID pandemic, Miguel initiated a series of virtual meetings called "The Cantata Trail" with the intent of sharing this incredibly rich musical universe with some close friends. This small community quickly grew organically through word of mouth, and it's still going strong. In addition to hosting his meeting series, Miguel has facilitated similar workshops for Artful Journeys and the Whidbey Island Music Festival. As a musician, Miguel plays the baroque flute and is a member of several chamber ensembles in the Seattle area, for which he also enjoys transcribing and arranging music.

Fee: \$60
4 Thu., 2/6-2/27 | 10 a.m.-12 p.m.

Rodé, Miguel
MAB 109

Concurrent with "Emily Dickinson in the 21st Century"

BAROQUE TO CLASSICAL: A LOOK AT MUSIC IN LONDON IN THE 18TH CENTURY

London in the 1700's is not known for notable English composers. British audiences were avid music lovers and were clamoring to hear good music. Enter German-born George Frederic Handel in 1712. One of the greatest Baroque composers, Handel thrilled London audiences with an astonishing amount of music for the London stage. Then who should show up in London in 1762 but another German, Johann Christian Bach, the youngest son of J. S. Bach. Young Bach was a critical figure in moving musical style out of the Baroque and into the Classical era. Finally, Franz Joseph Haydn, born in Austria, was enticed to make two visits to London in the 1790s, resulting in the "London" symphonies, twelve of the finest symphonies ever composed. This class will review the lives, times, and music of Handel, J. C. Bach, and Haydn, and will look in detail at how musical styles transitioned from Baroque to Classical between about 1740 and 1790.

Craig Parker spent the bulk of his career teaching music in public schools and at a private college. He earned a BA in music and an MA in music history from Western Washington University and was granted a Doctor of Musical Arts from the University of Washington. He continues to study music history and literature and loves sharing his insights with others.

Fee: \$60
4 Wed., 2/26-3/19 | 10 a.m.-12 p.m.

Parker, Craig
MAB 109

Concurrent with "History of Washington State" and "Creating, Sharing and Collaborating in Google Docs"



EUROPEAN FOLK DANCE PART II

This course is a continued survey of selected European folk dances. It will include a discussion of the traditional themes, movement patterns, music, garments, and social customs of each dance. The instructor blends educational elements of history, culture, and creativity into an interactive process of reading, listening, watching, discussing, and moving through the course material.

Rachel Winchester holds BFA and MFA degrees in dance. She is currently the academy director and community engagement specialist for the Festival Dance Performing Arts Association and a lecturer at the University of Idaho. She is an educator, choreographer, and dance filmmaker. In addition to teaching at Edmonds College, Rachel also taught dance lecture and technique courses at the University of Oregon, Pacific Lutheran University, and the American Dance Institute in Seattle. Her creative work has been presented through the American College Dance Conference, the Kennedy Center, the San Diego and Tijuana, Mexico Fringe Festivals, The Barefoot Collective in Tacoma, Movement Research and Williamsburg Arts Nexus in New York City, and Base Experimental Arts in Seattle. She lives in Pullman, Wash. with her husband and son.

Fee: \$60 **Winchester, Rachel**
4 Mon., 2/3-3/3 | 10 a.m.-12 p.m. **ONLINE**
 No class 2/17

Concurrent with "Wildlife of Washington and Wildlife of The West" and "Monstruos y Vampiros: New Latina Speculative Writers"

LEARNING ITALIAN FROM OPERA'S SUPERSTARS

The saying goes, "When Pavarotti sings, we are all Italian." Former Metropolitan Opera violinist Erica Miner first learned to speak the language of opera by accompanying the likes of Luciano Pavarotti and Mirella Freni from the orchestra pit. In this presentation, which is both fun and informative, Erica shares some of her favorite Italian-flavored anecdotes along with video excerpts from beloved Italian operas like "La Bohème," "Tosca," and "Aida."

Former Metropolitan Opera Orchestra violinist Erica Miner now enjoys a multifaceted career as an award-winning author, lecturer, screenwriter, and arts writer. A lecturer for the Seattle Symphony at Benaroya Hall, Erica regularly presents for CRI, Wagner Societies across the globe, and other educational venues. She received her MusB, cum laude, from Boston University and studied at the New England Conservatory of Music and Tanglewood Music Center. An active contributor to arts websites and magazines, Erica balances her reviews and interviews of real-world musical artists with fanciful plot fabrications that reveal the dark side of the fascinating world of opera in her "Opera Mystery" novel series.

Fee: \$45
2 Mon., 3/3-3/10 | 1-3 p.m.

Miner, Erica
ONLINE



HISTORY AND CURRENT EVENTS

A SWIFT SURVEY OF ANCIENT CHINESE HISTORY PART I: 1600 BC-1500 AD

In this course, we will cover centuries of Chinese history, starting with the earliest bronze age, ancestors worshipping dynasties, and onward through the turmoil of civil war to the famous Han and Tang dynasties. We will look at the early philosophies of Confucius, Daoism, and the Buddhists that defined culture right down to the civil service exams. We will explore the Silk Road through stories and dip into the glorious culture of art and poetry, from the terra cotta warriors to the exquisite silks, jades, and porcelain of the courts.

Kristi Busch holds a master's degree in museum studies from George Washington University. She has been a storyteller in both performance and therapeutic settings. Over the past 30 years, her primary focus has been teaching courses in history, civics, philosophy, and mythology to audiences ranging in age from 13 to 93.

Fee: \$55
4 Fri., 1/10-1/31 | 1-2:30 p.m.

Busch, Kristi
MAB 109

A SWIFT SURVEY OF ANCIENT CHINESE HISTORY PART II: 1600 BC-1500 AD

In this course, we will continue with the Tang dynasty through the Song and, finally, the bloody Yuan (Mongolian) dynasty, looking at the influences of foreigners in trade and invasions. We will compare the daily life of the scholar and his exams and the "pure" Southern gentleman and his parties and poetry. More visual arts will be examined: Buddhist cave paintings to regal portraits to incredible landscapes. And we will continue with more stories of the Silk Road.

See previous class for instructor bio.

Fee: \$55
4 Fri., 2/7-2/28 | 1-2:30 p.m.

Busch, Kristi
MAB 109



HISTORY OF WASHINGTON STATE

This course covers the history of Washington State from roughly the 1780s to the present. It examines Native Peoples; the arrival, influence, and impact of Euro-American explorers, fur traders, missionaries, and settlers; and the efforts of the United States at controlling the region by asserting authority over the land and Native societies to the mid-19th century. The course then transitions to the urbanization and industrialization of the region by looking at economic, political, social, and cultural developments during the late 19th and 20th centuries. An overarching theme is how a sense of regional identity evolved over time, one often (and strongly) connected to the environment of the Pacific Northwest.

Ross Coen is an instructor in the history department at the University of Washington. He received his PhD in history at UW in 2021. He has written three books and many articles (both popular and scholarly) about the history of the Pacific Northwest, Washington State, Alaska, and the Arctic. He has given several lectures at CRI previously.

Fee: \$60

4 Wed., 2/5-2/26 | 10 a.m.-12 p.m.

Concurrent with "Baroque to Classical: A Look at Music in London in the 18th Century" and "Creating, Sharing and Collaborating in Google Docs"

Coen, Ross
GWY 352

CAN'T WE ALL JUST GET ALONG: THE FUTURE OF INTERNATIONAL COOPERATION (OR NOT)

As global governance becomes ever more complex, both the political and economic systems find themselves having to constantly evolve and respond to new challenges, from new actors to new technology, like AI. Global governance incorporates a dizzying framework of institutions, rules, norms, and procedures that are supposed to facilitate collective action and cooperation. However, the wide range of issues the world is facing, from economic development and trade to human rights, environmental protection, and peace and security, the efforts of global organizations like

the UN, WTO, IMF, and governments operating within this global system, are struggling to address global challenges that transcend national borders and require collective solutions.

Maria Montalvo holds a master's degree in political science and economics. She writes two columns for the local newspapers in Edmonds, Mukilteo, and Mill Creek, The Beacon, including a column of personal observations, "Moment's Notice," and an arts and restaurant column, "Arts & Appetite." Maria works as a non-profit consultant and coach after a career in business development and non-profit management.

Fee: \$55

3 Thu., 3/6-3/20 | 1-3 p.m.

Montalvo, Maria
MAB 109



INTRODUCTION TO THE CRIMINAL JUSTICE SYSTEM

The criminal justice system is regularly a topic of the news and political campaigns, but its portrayal is often inaccurate or misleading. As a consequence, the average person doesn't really know that much about the system and how it works. This is despite the fact that the system is typically one of the largest budget items at the state and local levels. This course is designed to give participants a baseline knowledge of the system and the tools to encourage them to explore further on their own.

Marilyn (Mimi) Walsh holds a PhD in criminal justice and is retired after a 40-year career in various positions in the criminal justice system.

Fee: \$60

4 Tue., 2/25-3/18 | 10 a.m.-12 p.m.

Concurrent with "Getting to Know Google Drive"

Walsh, Mimi
MAB 109

GHETTO, EMANCIPATION, IMMIGRATION: JEWS FROM THE GERMAN STATES

This course covers the history of the Jewish ghettos of Western Europe; how they developed and why. We will look at what life might have been like behind those gates and how emancipation and full citizenship in the 19th century became a double-edged sword. We will address why many left and why their earliest experiences in America were so different from that of the later Eastern European Jewish immigrants.

Andrée Aelion Brooks is a journalist, author, and lecturer specializing in Jewish history. Formerly a contributing columnist for the *New York Times*, she is an associate fellow at Yale University and founder of the Women's Campaign School at Yale. She has written several award-winning books and was honored in 2013 by the Connecticut Women's Hall of Fame.

Fee: \$40

2 Tue., 1/14-1/21 | 10-11:30 a.m.

Brooks, Andrée
ONLINE



U.S. FOREIGN POLICY: VALUES AND INTERESTS IN PERENNIAL CONFLICT?

We shall explore American foreign policy in the modern era, with particular attention to U.S. relations with China, the Middle East, Russia, and South Asia. In each of these regions and with major power rivalries ebbing and flowing, we'll delve into whether consecutive U.S. administrations' foreign policies have furthered our national interests, reflected our democratic values, both, or neither. Among related topics, we'll cover the tensions in the Taiwan Strait; the 2001 and 2003 invasions of Afghanistan and Iraq; recent U.S. military and diplomatic support for Ukraine and Israel; and ponder how India – now the world's most populous country and largest democracy – will jockey for global recognition and relevance. Each session will include a Resource List and will begin with a 60-minute lecture followed by a robust Question & Answer session. All are welcome!

David Fenner is an affiliate faculty member at the University of Washington's Jackson School of International Studies. He regularly teaches courses on Russia, the Middle East, refugees, and the politics of oil. He is also the lead presenter for the Bridging Cultures program, a series of professional development workshops for K-12 teachers and first responders in communities with large immigrant populations. In 2008, David founded the World Learning Center in Muscat, Oman. Prior to that, he was the assistant vice provost for international education at UW (2000-2007).

Fee: \$55

4 Tue., 2/25-3/18 | 1-2:30 p.m.

Concurrent with "Weather and Climate"

Fenner, David
ONLINE

WHO IS THE REAL JAMES BOND?

Who is the real James Bond? Who did Ian Fleming, the creator of James Bond, base his character on? There are over a dozen candidates, and in this class, we are going to look at most of them to get an informed idea about who the most likely person was that formed Ian Fleming's concept of the ultimate spy. In our 'study' we will include an examination of Ian Fleming's preference for whom he thought should play Bond in films (a clue perhaps?) as well as get some insight into Fleming himself. We will also cover where '007' came from and how Fleming chose the name for his blockbuster hero.

Helen Holcomb worked in the U.S. Intelligence Community (IC) for 40 years at different agencies and in a variety of capacities. Learning about spies who provided U.S. secrets to foreign governments, their motivations, and what potentially suspicious signs to look for in colleagues' behavior was part of the mandatory, annual operational security training for IC employees. In addition, Helen tracked colobus monkeys, chimpanzees, and gorillas in Rwanda and Uganda in February 2023. She toured much of Rwanda with Rwandan guides and read extensively about the plight of the mountain gorilla and the in-country efforts to preserve its population. A former Naval Intelligence Commander myself, (and later Captain), I share this bond with both Ian Fleming and James Bond. We were in the same business.

Fee: \$40

2 Wed., 1/22-1/29 | 10-11:30 a.m.

Concurrent with "Decoding AI and Its Impact on Humanity"

Holcomb, Helen
MAB 109



LITERATURE

CRI'S EXPANDED BOOK DISCUSSION GROUP

Join with other story lovers as we talk about books, theater, and film. Each week participants will share what they have been reading or watching. Any genre, fiction or non-fiction is fine. We will enjoy great discussions as we link up book themes, topics, authors, and books that have found another life on the stage, in the movies, and even in opera. You are guaranteed to go home with at least one new book suggestion, a new author to read, or a theme or genre to explore.

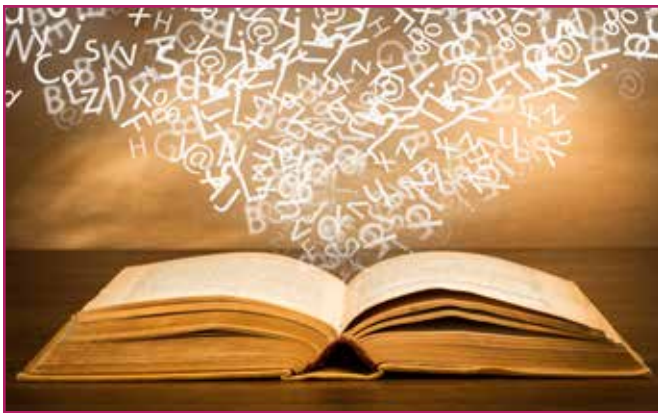
Nancy Eidemiller is a lifelong learner and reader with a Bachelor of Arts in Sociology. She is enthusiastic about reading and math education. She has been known to say that there is no such thing as too many books, just too few bookshelves. Nancy is currently a member of the CRI Curriculum Committee.

Fee: \$35

4 Mon., 1/6-2/3 | 1-3 p.m.

No class 1/20

Eidemiller, Nancy
MAB 109



MONSTRUOS Y VAMPIROS: NEW LATINA SPECULATIVE WRITERS

Since Mary Shelley wrote “Frankenstein” on a dare, women have been pioneering and pushing the boundaries of the speculative. Speculative fiction covers a variety of literary genres including science fiction, horror, and fantasy. Speculative works imagine alternative worlds in order to better understand our own reality. This course highlights recent and upcoming Latina authors who utilize the speculative to explore colonial legacies in the U.S. Southwest and Mexico. From a critical literary lens, we will investigate how Latina writers like Isabel Cañas and Silvia Moreno-Garcia utilize the supernatural to conceptualize and confront real-life monsters. Dare to enter a world of Texas vapiros and haunted haciendas?

A Sámi American researcher and writer, Kaja Gjælde-Bennett is currently pursuing a PhD in Hispanic literature at the University of New Mexico. Previously, Gjælde-Bennett received an MA in Indigenous studies (2020) from the University of Tromsø, the Arctic University of Norway, as both a U.S.-Norway Fulbright Grantee and a Norway-America Association Scholar. She obtained a BA (2017) from Pacific Lutheran University in Tacoma, Wash. Gjælde-Bennett also manages Nordiska’s Nordic book club and blog and contributes to Women at Warp’s feminist science fiction podcast. Her research interests include Indigenous methodologies, Indigenous futurisms, intersectional feminism, and Hispanic and Nordic contemporary literature.

Fee: \$60 **Gjælde-Bennett, Kaja**
4 Mon., 2/24-3/17 | 10 a.m.-12 p.m. **ONLINE**

Concurrent with “European Folk Dance Part II” and “Animal Emotions: Understanding Dogs and Cats”

RILKE’S “THE BOOK OF HOURS”

Poet Rainer Maria Rilke was born in a German-speaking community in Prague in 1875. Today he is considered to be one of the greatest lyric poets of the 20th century. Itinerant by nature, he traveled all over Europe during his life: Paris, Germany, Russia, Italy, and Switzerland. “The Book of Hours” was written by Rilke in his late twenties while visiting Russia and chronicles his search to understand the meaning of God and the Divine. Though a brilliant mind, he felt that poetry was soul-work that could deeply enrich someone by unearthing what it means to honor and cherish “feelings.” Rilke’s work is a spiritual journey that has been a gift to generations since. Our specific text will be Rilke’s “The Book of Hours: Love Poems to God,” translated by Anita Barrows and Joanna Macy.

Robert Stahl has taught at CRI for over 20 years. He’s taught poetry classes on Rumi, Emily Dickinson, Rilke, Mary Oliver, Hafiz, sacred poetry, Zen poetry, haiku, and the poetry of grief, mindfulness, and joy. His other classes have covered Joseph Campbell’s “The Power of Myth,” Thomas Moore’s “Care of the Soul,” and poet John O’Donohue’s “Celtic Wisdom.”

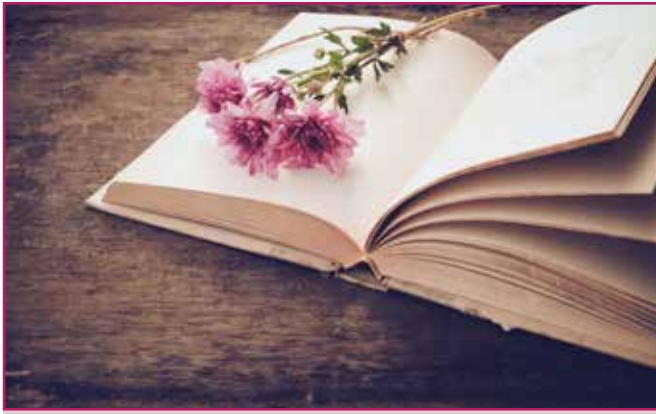
Fee: \$60 **Stahl, Robert**
4 Thu., 1/9-1/30 | 10 a.m.-12 p.m. **ONLINE**
Concurrent with “The Climate Crisis & How to Stop It”

“AN ENEMY OF THE PEOPLE” WRITTEN BY HENRIK IBSEN (1882) AND ADAPTED BY ARTHUR MILLER (1950)

Thomas Stockmann, idealistic doctor in Ibsen’s play “An Enemy of the People,” is a casting challenge. Is he a public servant vilified by an angry citizenry? Or does the doctor’s overweening self-confidence suggest a character and play that is more complex? Why did Arthur Miller take such an interest in this drama about a small town with an environmental crisis that must either be addressed or covered up, and the scientist who discovered the source of the toxin and was sure the civic leaders would assume responsibility? We will read and view a staged version of Ibsen’s play and then take a look at Miller’s adaptation, particularly places where he alters or freely interprets the original. We will view a film version of Miller’s play “All My Sons” (1946) and consider Ibsen’s influence on Miller’s own play. Students should read Ibsen’s play, preferably in Rolf Fjelde’s or James McFarlane’s translation. Optional reading: Miller’s adaptation of “An Enemy of the People,” Penguin Plays.

Katherine Hanson has offered classes at CRI on Scandinavian culture, literature, and film for over 10 years. She is currently an affiliate associate professor in the Department of Scandinavian Studies at the University of Washington.

Fee: \$60 **Hanson, Katherine**
4 Thu., 1/16-2/6 | 1-3 p.m. **MAB 109**



EMILY DICKINSON IN THE 21ST CENTURY

This is a course for poets and non-poets alike, anyone who has ever encountered the poetry of Emily Dickinson and wished they knew more about her. Together we will examine and discuss 21st century editions and interpretations of the poetry and letters with a goal of understanding her ever-evolving poetic legacy more fully for ourselves. Although a PDF of materials will be available, and online Dickinson archives, you may wish to purchase “Emily Dickinson’s Poems: As She Preserved Them” edited by Christanne Miller.

Bethany Reid has an MFA in poetry and a PhD in American Literature from the University of Washington. She taught composition, creative writing, and literature for thirty years at UW, Seattle Pacific University, Edmonds College, and Everett Community College. She’s written a number of poetry books and has won the Sally Albiso Prize from MoonPath Press. Now retired, Bethany spends her days walking and writing, coaching poets one-on-one, and teaching poetry whenever she gets the chance.

Fee: \$60

4 Thu., 2/27-3/20 | 10 a.m.-12 p.m.

**Reid, Bethany
ONLINE**

Concurrent with “Bach in Weimar – A Selection of Cantatas”

“SEPTEMBER 1, 1939”

We will explore W. H. Auden’s poem, “September 1, 1939,” about fascism and the outbreak of World War II. Auden packed an immense amount of history and knowledge into this poem, and we will do a line-by-line analysis of his language, as well as bringing in a small number of other Auden poems that bear on the subject of war. Also to be discussed will be why Auden rejected this poem from his works, and whether his doing so in any way minimizes the poem’s cultural and historical importance.

Jerry Austin earned a BA in English with a focus on poetry from the University of Washington. He is a longtime intensive reader of poetry in the English language.

Fee: \$30

1 Fri., 3/7 | 1-3 p.m.

**Austin, Jerry
MAB 109**

TROILUS AND CRESSIDA

In this course, we will undertake a reading of Shakespeare’s rather jaundiced dramatic reworking of Chaucer’s great 14th century romance, based in the context of the Trojan War. We will consider how the play questions the values of love, honor, and hierarchy, and how it resists easy answers. Students are asked to read through Act 2 for the first class meeting. Any edition of the play will do, though it is recommended to find one with annotations, and with line numbers (the instructor recommends Signet Classic paperbacks, widely available).

Sean Taylor holds a PhD in English from the University of Washington and has taught as a professor at Portland State University and Hamilton College. His main areas of expertise are Old and Middle English literature.

Fee: \$60

4 Tue., 1/28-2/18 | 1-3 p.m.

**Taylor, Sean
MAB 109**



READING THE CANTERBURY TALES, PART II

In this course, we will begin a leisurely reading of Chaucer’s great satirical classic in the original Middle English language, a project we will pursue over many subsequent quarters. Our text will be Larry D. Benson’s edition (Houghton Mifflin), widely available in paperback and online. Make sure you get this edition so that we all have the same line numbers. Our point of departure will depend on how far we got in the Fall, so instructions on reading for the first class meeting will be forthcoming before the quarter starts.

See the previous class for instructor bio.

Fee: \$60

4 Wed., 2/26-3/19 | 1-3 p.m.

**Taylor, Sean
MAB 109**



NATURE

ANIMAL EMOTIONS: UNDERSTANDING DOGS AND CATS

This course explores how dogs and cats experience the world through their unique senses and why they do some behaviors that challenge and puzzle us. We will discuss the juicy topic of animal emotions and how we can know what animals feel – by observing their body language. We will consider how to identify when an animal is in pain and what you can do to reduce your dog or cat’s fear, anxiety, stress, and frustration—the Fear Free approach. We will discuss grief and loss in animals and how to help aging animals continue to have quality of life. Even when we don’t know exactly how animals feel, we can help them by making small changes in their environment and teaching them that once scary things predict good things (desensitization and counterconditioning). The class will include plenty of question-and-answer time, during which you can ask your behavior and training questions. Great information for shelter and rescue volunteers, too.

Shel Graves is a dog trainer, animal behaviorist, and animal chaplain. She has seven years of shelter and rescue experience working with traumatized animals and working to strengthen the human-animal bond. She previously ran the behavior program at Pasado’s Safe Haven, an 85-acre farmed animal sanctuary with 250 animal residents in Sultan, Wash. Shel’s animal behavior credentials include the University of Washington’s Applied Animal Behavior certificate and two years of study to earn the Academy for Dog Trainers, Certificate in training and counseling. She is also an ordained animal chaplain through the Compassion Consortium (an interfaith, interspiritual, and interspecies spiritual center).

Fee: \$45
2 Mon., 3/10-3/17 | 10 a.m.-12 p.m.

Graves, Shel
MAB 109

Concurrent with “Monstruos y Vampiros: New Latina Speculative Writers”

CHASING CHIMPANZEES AND GORILLAS

In this course, we will learn about the incredibly successful chimpanzee and mountain gorilla habituation programs in Rwanda and Uganda and what it’s like to track chimps and gorillas through the underbrush. We will discuss lesser-known facts about these primates and review the difference between monkeys and apes, including their behaviors and physical attributes. We will also look at what Rwanda is like today and why it is so prosperous — only 30 years after one of the most horrific and devastating genocides in modern history.

See page 9 for instructor bio.

Fee: \$30
1 Mon., 2/10 | 1-3 p.m.

Holcomb, Helen
MAB 109



WILDLIFE OF WASHINGTON AND WILDLIFE OF THE WEST

Bird naturalist Candy Brown has been interested in all animals since she was young. Her husband, Todd Brown, is a gifted photographer who takes pictures in Washington State and on trips around the western U.S. While Candy shows Todd’s photos in class, she will share natural history information about the pictured wildlife. In the Washington session, we will discuss the proliferation of rabbits and coyotes in our area, how bats are helpful in our yards, and the presence of baby red foxes, squirrels, chipmunks, and more. Included in the Wildlife of the West session, we will see four bear species from Alaska, animals from Yellowstone and the Tetons, wild horses from Wyoming, and high-mountain critters from Colorado.

Candy Brown majored in education in college, worked in bank training management, and spent 15 years in wildlife rehabilitation. She is a lifelong animal enthusiast and expert on birds.

Fee: \$45
2 Mon., 2/3-2/10 | 10 a.m.-12 p.m.

Brown, Candy
MAB 109

Concurrent with “European Folk Dance Part II”

Taking Multiple CRI classes?

If you are registering for multiple classes, please check your calendar to avoid any concurrencies.

Please contact the CRI office if you have any questions



PHILOSOPHY AND SCIENCE

THE CLIMATE CRISIS AND HOW TO STOP IT

This course answers two questions about climate change: What is happening, and what can we do about it? People are putting more carbon dioxide and methane into the air, warming the air and the oceans. Higher temperatures are increasing flooding, droughts, heat wave temperatures, hurricane wind speeds, ocean acidity, and wildfires. The solutions are known and are coming. Current technological trends will stop additional global heating by 1) replacing gasoline, natural gas, and coal with solar and wind electricity generation, 2) reducing methane from farming, and 3) increasing forests. United Nations scientists are now focusing on socio-political challenges that are slowing the adoption of known technological solutions. We can support solar and wind development, reduce consumption, and work on cultural changes that are needed for collaboration inside the U.S. and with other countries. This course presents what you can do to speed up the end of global warming.

Nick Maxwell, PhD, taught psychology, statistics, research methods, and philosophy of science at the University of Washington Bothell, and wrote a textbook on introductory statistics before moving on to a 20-year career as a data scientist at Zillow, Weight Watchers, and Facebook. Nick is now running Climate Protection Northwest in Edmonds working as a climate action planner for local governments, writing a monthly column on the Climate for MyEdmondsNews, and serving on the Edmonds Planning Board.

Fee: \$60

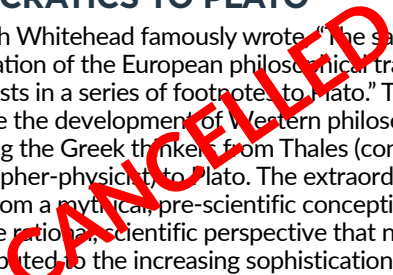
4 Thu., 1/9-1/30 | 10 a.m.-12 p.m.

Concurrent with "Rilke's Book of Hours"

Maxwell, Nick
MAB 109

THE DEVELOPMENT OF WESTERN PHILOSOPHY FROM THE PRE-SOCRATICS TO PLATO

Alfred North Whitehead famously wrote "The safest general characterization of the European philosophical tradition is that it consists in a series of footnotes to Plato." This class will examine the development of Western philosophy, interrogating the Greek thinkers from Thales (considered the first philosopher-physicist) to Plato. The extraordinary evolution from a mythic, pre-scientific conception of the world to the rational, scientific perspective that now prevails can be attributed to the increasing sophistication of the early Greek thinkers (including Socrates and the Sophists) and their contributions to the Platonic and Aristotelian syntheses and development. Following upon an exploration of the pre-Socratic thinkers this class will focus upon the central themes of Socratic and Platonic thought.



A popular instructor for CRI, Sorrel R. Paskin has an MA in philosophy from New York University and an MS in accountancy from the University of Missouri. His undergraduate education included numerous courses in the sciences. He has taught courses on the history of philosophy, selected thinkers' works, and economics at numerous colleges and universities. Sorrel is the author of a leading text on accounting and financial administration of nonprofit organizations and of numerous published articles; he has taught and consulted in those fields for many years. He also served as the CFO of large independent schools during a lengthy career.

Fee: \$60

4 Fri., 2/7-2/28 | 10 a.m.-12 p.m.

Paskin, Sorrell
MAB 109



HOW TO LIE (AND TELL THE TRUTH) WITH STATISTICS

"There are lies, damned lies, and statistics" is a phrase attributed to Benjamin Disraeli, among others. Despite the title, this is not a standard "how-to" course. Rather, it is an attempt to expose many of the tricks, fallacies, and mathematical and linguistic legerdemain that are baked into the graphs, statistics, speeches, and sales pitches that we see and hear every day. In addition to these fallacies that look true, we'll look at other paradoxes that are true, but look false, plus bubbles, schemes, and outright cons.

Howie Silver has a BS in physics, an MS in information engineering from the University of Illinois at Chicago, and an MS and PhD in mathematics from the University of Illinois at Urbana-Champaign. He was a professor of mathematics and computer science at Chicago State University for 35 years. Howie has taught several math-related CRI courses.

Fee: \$60

4 Wed., 1/8-1/29 | 1-3 p.m.

Silver, Howie
MAB 109



WEATHER AND CLIMATE

This course is an introduction to the sciences of meteorology and climatology. Earth's climate system involves the interactions of solar energy with water and land, and the variabilities in these interactions that are created by the seasons. Here, we explore weather and climate by starting with the global picture, then focus on some of the details of our local picture, perched as we are on the western edge of a continent with a massive ocean to our west and two significant mountain ranges nearby. We will discuss weather vs. climate; global distribution of solar energy; atmospheric composition, ozone, heat exchange, greenhouse effect, pressure & winds; formation & effects of the Polar Jet Stream, tropical storms (hurricanes); and the climate crisis.

Linda Khandro is a geologist with a bachelor's degree in geology, a master's degree in teaching earth science, and a Washington State Teaching Certificate. She has taught geology, astronomy, oceanography, meteorology, and environmental science at the college level since 1991. She has taught seniors throughout the Puget Sound region, B.C., Canada, and for CRI since 2010. She is an accomplished harpist and has been playing for over two decades.

Fee: \$60

4 Tue., 2/25-3/18 | 1-3 p.m.

Concurrent with "U.S. Foreign Policy: Values and Interests in Perennial Conflict?"

Khandro, Linda

MAB 109

EXPLORING OUR SENSE OF SMELL AND FRAGRANCE

Smells conjure up warm memories, emotions, and human relationships. Our noses are amazing molecular detectors, but how much do we really know about our sense of smell? How do we perceive smells and describe them to others? What smells are associated with certain diseases and therapies? Come explore the sense of smell, from the biology that makes it possible to the chemistry behind fragrances and essential oils. In the first class, we will discuss the biological path from nose to brain, explore the connection between smell and memory, identify odor molecules and their sources, and compare the abilities of humans to smell with that of other animals. In the second class, we will investigate essential oils, the creation of perfumes, product labels, and regulations. In the third class, we'll evaluate aromatherapy claims and review proposed future uses of smell in our daily lives.

Dr. Reitha Weeks received her BS from Oregon State University and PhD in genetics from the University of Washington. She worked for 13 years in Seattle's biotech industry, moving from bench scientist to company director. She was involved in business and regulatory decisions as well as discovery science. She was program manager for science outreach at Northwest Association for Biomedical Research for nine years. Since 2014, she has been program coordinator for Shoreline Community College's biotech summer camps for high school students. She is on the board and an active member of the Seattle Chapter of the Association for Women in Science, the American Association of University Women, and the Organization of Regulatory and Clinical Associates.

Fee: \$55

3 Thu., 2/13-2/27 | 1-3 p.m.

Weeks, Reitha

ONLINE



TECHNOLOGY

GETTING TO KNOW GOOGLE DRIVE

We will dive into the free Google Drive services found in your Google account, which will simplify your life and make you more productive. We will show you how cloud-based apps work within the Google universe. We will cover the advantages of using Google's office productivity apps — and the pitfalls. Touching on security and privacy, we will show how Google's products can work with — and sometimes better than — the business software you might be familiar with. This class is for desktop/laptop computer users and will include information for mobile devices. The Chrome web browser is recommended. This class will use recorded and live demonstrations as well as written material.

Kate Schwarz worked in the Edmonds College Technology Resource Center, helping faculty with e-learning, instructional technologies, and course design. She also worked for many years as a computer resource manager at the University of California. Since moving to the Northwest, she has worked as an independent educational technology consultant for nonprofits.

Fee: \$30

Schwarz, Kate

1 Tue., 2/25 | 10 a.m.-12 p.m.

ONLINE

Concurrent with "Introduction to the Criminal Justice System"

CREATING, SHARING, AND COLLABORATING IN GOOGLE DOCS

In this introduction to Google Docs, we will show you how to create documents and share work "in the cloud." We will also discuss how Google Docs can fit into and simplify workflow across devices and operating systems. This class is intended for desktop/laptop computer users but will include information for mobile device users. The Chrome web browser is recommended. This class will use recorded and live demonstrations as well as written material.

See previous class for instructor bio.

Fee: \$30

Schwarz, Kate

1 Wed., 2/26 | 10 a.m.-12 p.m.

ONLINE

Concurrent with "History of Washington State" and "Baroque to Classical: A Look at Music in London in the 18th Century"

WINDOWS 11 AND ME

Microsoft launched Windows 11 over three years ago, promoting a slimmed-down, less complicated user interface. Over time, it has matured and added more features. For those who must move from Windows 10 with its upcoming support change to Windows 11, is it more attractive now? Let's find out. For those already on Windows 11, how do I use Windows 11 more effectively? Let's explore these and your other questions about Windows 11 upgrading and usage.

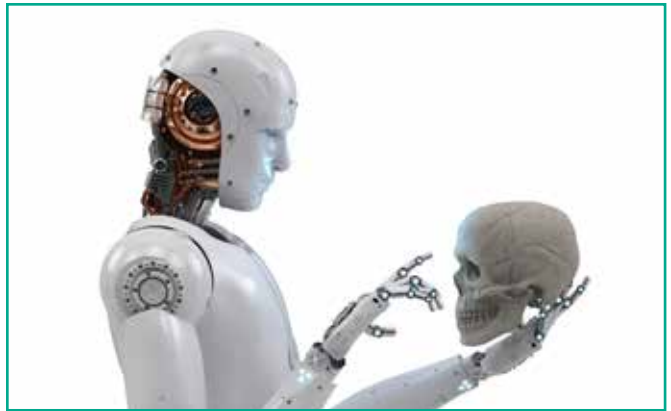
Offering technology classes at CRI since 2011, Brian Boston has been a mainstay for technical topics and believes that technology can work for you, support your interests, and enable connections with family and friends. Through Boston LegacyWorks, he educates and works with individuals and small businesses, advising on tech purchases, usage, maintenance, and security. After decades of teaching computer support, he has also started offering classes in film music appreciation, rooted in his original educational background and longtime joy for the genre. Whether it's music or tech, Brian offers a thorough but accessible approach to understanding the nuances of each topic.

Fee: \$55

Boston, Brian

3 Fri., 3/7-3/21 | 10 a.m.-12 p.m.

MAB 109



DECODING AI AND ITS IMPACT ON HUMANITY

This course is specially crafted to provide non-IT professionals, educators, students, and all curious minds with a comprehensive understanding of Artificial Intelligence (AI). The course aims to demystify AI technology and explore its diverse applications, risks, and ethics concerns while fostering participants' confidence in leveraging AI tools responsibly. No prior technical knowledge or programming skills are required to participate; however, basic computer and internet skills are helpful. Specifically, this course will demystify AI technology and its applications for non-technical audiences, foster an understanding of the major issues AI faces, encourage thoughtful discussions on the technology's ethical considerations and societal impact, and provide hands-on experience with AI tools to build participants' comfort level with the technology.

As a former Boeing marketing communications executive for China and East Asia, CMO for Hong Kong Airlines, and executive at other MNCs in China and the U.S., George Liu has been at the forefront of the rise and fall of U.S.-China relations. Thus, he has developed a keen sense of the cultural, socioeconomic, and political dynamics in both countries. George was a journalist in China before coming to the U.S. for graduate studies. He spent six years in U.S. media after getting his MA in sociology. His unique journey from a non-technical background to a tech-savvy communicator enables him to bridge the gap between intricate AI concepts and their real-world implications.

Fee: \$60

Liu, George

4 Wed., 1/8-1/29 | 10 a.m.-12 p.m.

ONLINE

Concurrent with "Who is the Real James Bond?"

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