

CREATIVE RETIREMENT INSTITUTE & COMMUNITY EDUCATION

— LIFELONG LEARNING OPPORTUNITIES —



No grades and no need to apply.
Registration opens 8/23.

FALL 2023 | Sept.-Dec.



EDMONDS
COLLEGE



REGISTRATION AND CONTACT INFORMATION

Students can register online or by phone. Early registration is encouraged.

CREATIVE RETIREMENT INSTITUTE (CRI)

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The Creative Retirement Institute is a member-driven, self-supporting organization whose mission is to provide affordable, quality lifelong learning opportunities to adults in a supportive environment.

To learn more about CRI and register online,
please visit edmonds.edu/cri.
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WITHDRAWALS AND REFUND POLICIES

Refund requests must be received by phone or email at least two business days prior to the start of class. A \$10 drop fee will be retained for each refunded class. No refunds will be made after that date. There are no partial refunds.

Students will be notified in advance if a class is canceled or rescheduled for any reason.
We encourage students to check the college website for updates or closures.

CREATIVE RETIREMENT INSTITUTE (CRI) CLASSES

Registration opens Aug. 23!



ART AND MUSIC

A SELECTION OF EUROPEAN FOLK DANCES PART I

This course is a survey of selected European folk dances. It will include a discussion of each dance's themes, movement patterns, music, garments, and social customs. The instructor blends educational elements of history, culture, and creativity into an interactive process of reading, listening, watching, discussing, and moving through the course material.

Rachel Winchester holds BFA and MFA degrees in dance. She is currently the academy director and community engagement specialist for Festival Dance Performing Arts Association and a lecturer at the University of Idaho. She is an educator, choreographer, and dance film maker. In addition to teaching at Edmonds College, Rachel also taught dance lecture and technique courses at the University of Oregon, Pacific Lutheran University, and the American Dance Institute in Seattle. Her creative work has been presented through the American College Dance Conference, the Kennedy Center, the San Diego and Tijuana, Mexico Fringe Festivals, The Barefoot Collective in Tacoma, Movement Research and Williamsburg Arts Nexus in New York City, and Base Experimental Arts in Seattle. She lives in Pullman, Wash. with her husband and son.

Fee: \$58

4 Wed., 9/20-10/11 | 10 a.m.-12 p.m.

**Winchester, Rachel
ONLINE**

ENCHANTING NORTHERN NORWAY

Stretching north and east above the Arctic Circle, the northernmost region of Norway is imbued with an aura of magic. During the dark winter months, magic happens when the landscape and heavens are colorfully illuminated by the aurora borealis. And summer evenings are magically lit by a sun that skims along the horizon. We read of the region's bountiful riches — herring and cod in the icy waters, precious animal furs and pelts in the forests — and of the ethnic groups who came to reside and to trade — Sami, Kven, and Europeans. In this course we will consider Northern Norway, its history, its people and cultures, and experience the magic of this area through literature, film, music, and art. Readings for class will be provided by the instructor. Additional readings will be suggested.

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Katherine Hanson is currently an affiliate associate professor in the Department of Scandinavian Studies at the University of Washington and has been offering courses at CRI for over 10 years.

Fee: \$58

4 Wed., 11/1-11/22 | 10 a.m.-12 p.m.

**Hanson, Katherine
MAB 109**

FILM MUSIC THROUGH THE EYES OF A GREAT WHITE

A large part of what turned "Jaws" into an enduring classic was the music of John Williams. His score is a sea symphony, chock-full of themes and motifs that spurred the resurgence of orchestral scores back into movies. In this class we will discover how music elevates a film's atmosphere, supports the narrative, emotionally connects us with characters, and gives us another reason to see a good picture again and again. We will watch "Jaws" in its entirety, explore the backstory of its production, and discuss how Williams uses music to shock, thrill, and add dimension to film moments. While seeing "Jaws" beforehand and some theoretical knowledge of music will be helpful, only a love of music and movies is necessary.

Offering technology classes at CRI since 2011, Brian Boston has been a mainstay for technical topics and believes that technology can work for you, support your interests, and enable connections with family and friends. Through Boston LegacyWorks, he educates and works with individuals and small businesses, advising on tech purchases, usage, maintenance, and security. After decades of teaching computer support, he has also started offering classes in film music appreciation, rooted in his original educational background and longtime joy for the genre. Whether it's music or tech, Brian offers a thorough but accessible approach to understanding the nuances of each topic.

Fee: \$50

3 Mon., 10/23-11/6 | 1-3 p.m.

**Boston, Brian
MAB 109**

Scholarships available!

Please contact CRI for details:
cri@edmonds.edu | 425.640.1830

JAZZ APPRECIATION SERIES

This course explores the development of jazz music in the United States and beyond. Topics such as "Jazz & Race," "Women Instrumentalists of Jazz," "History of Jazz in Seattle," "Jazz Saxophonists," and "Jazz in the Atomic Age" have been presented in past CRI Jazz Appreciation courses. The specific area of study for this quarter's course will be determined through discussion with the instructor during the first meeting of the class.

Brent Jensen served as the director of jazz studies and woodwinds at the College of Southern Idaho for 18 years. He developed the curriculum for the Survey of Jazz course at the college and wrote the textbook, which is still in use at CSI and has been adopted by other colleges in the United States. Brent is a professional jazz saxophonist who has performed and recorded with a wide range of jazz artists. In 2002, his recording, "The Sound of a Dry Martini: Remembering Paul Desmond," charted at the No. 1 position on jazz radio stations across the country and was featured on JazzWeek's Top 100 and NPR's JazzWorks' Top 25 lists.

Fee: \$58

4 Mon., 10/2-10/23 | 10 a.m.-12 p.m.

Jensen, Brent

ONLINE

MENDELSSOHN!

Hector Berlioz was quoted as saying that Felix Mendelssohn was "worth a Handel-and-a-half." Notwithstanding the French composer's penchant for exaggeration, the instructor explores the prodigious genius of Mendelssohn, who in his time was considered Mozart's successor, and his influence on contemporaries such as Robert Schumann and Richard Wagner.

Former Metropolitan Opera Orchestra violinist Erica Miner now enjoys a multifaceted career as an author, lecturer, screenwriter, and arts writer. Erica presents pre-concert lectures for the Seattle Symphony at Benaroya Hall and regularly presents for the CRI and other educational venues. She received her MusB, cum laude, from Boston University and studied at New England Conservatory of Music and Tanglewood Music Center. She is an award-winning author and active contributor to major art websites and magazines.

Fee: \$40

2 Mon., 11/6 & 11/13 | 10 a.m.-12 p.m.

Miner, Erica

MAB 109

PERUGINO AND RAPHAEL: MASTER AND PUPIL

Pietro Perugino, who died 500 years ago, was celebrated as the best master in Italy at the height of his career, having forged a style of beautifully idealized figures set in recognizable Umbrian landscapes. Perugino frescoed the walls of the new Sistine Chapel in 1482 and provided altarpieces for towns all over Italy. But his fame was eclipsed by that of his student Raphael, whose work combined the sweetness and grace of Perugino with the muscularity of Michelangelo to create the High Renaissance style. Raphael's work in the Vatican Palace made his master's seem quaint, and Perugino's reputation plummeted. Sadly, Raphael predeceased Perugino, and one of the latter's last works was completing a fresco left unfinished at his student's death. Instructor Rebecca Albiani will examine the work of both artists and the way in which Raphael's style, and all the later art it influenced, could not have evolved without first assimilating the style of Perugino.

Rebecca Albiani earned a bachelor's degree in art history from the University of California, Berkeley, and a master's degree in art history from Stanford University. She also researched 16th-century paintings in Venice on a Fulbright Scholarship. She is a frequent and popular arts lecturer at the Frye Art Museum of Seattle.

Fee: \$45

2 Mon., 11/20 & 11/27 | 10 a.m.-12 p.m.

Albiani, Rebecca

ONLINE

SPLITTING HAIRS: AN IRANIAN REVOLUTION AMPLIFIED BY ART

The abuses on the innocent people of Iran by their government are again in the world's spotlight with the death of Mahsa Amini. Her crime was an alleged violation of the state-imposed head covering law. Iranian artists have responded with a global outcry and are not retreating from their activism. Female artists have sought to expose the decades of atrocities by the regime affecting most every aspect of daily life in Iran. Amini's death has ignited a call to direct action and many are taking personal risks to end the authoritarian control over the lives of the Iranian people. Join us as we review the work of an array of artists, past and present, who are visually speaking for the plight of the Iranian people and for the rights of all humanity.

Christine Maasdam holds a Master of Humanities and a Bachelor of Arts in Cultural Geography. Her art studies include The Courtauld Institute of Art in London, The Smithsonian Early Enrichment Center in D.C., and Antiquities Trafficking and Art Crime at the University of Glasgow. She graduated from the Art Crime Investigation Seminar led by Robert Wittman, founder of the FBI's National Art Crime Team. Christine is a member of the International Foundation for Cultural Property Protection and holds a certificate from Trident Manor on Protection of Cultural Venues. Christine received Sotheby's certification on "Determining Value: An Appraiser's Perspective." She has spent over 14 years as a Los Angeles County Museum of Art docent and is eager to return as an active volunteer at the City of David archaeological dig in Israel.

Fee: \$25

1 Thur., 9/21 | 10 a.m.-12 p.m.

Maasdam, Christine

ONLINE

VIENNESE GILT TRIP: GUSTAV KLIMT AND THE VIENNA SECESSION MOVEMENT

Gustav Klimt embodied the erotic, psychological, and aesthetic preoccupations of turn-of-the-century Vienna's dazzling world. He was regarded as the greatest talent in the ranks of the Vienna avant-garde, yet not acknowledged as the representative artist of his age. Klimt was the target of violent criticism. His work was sometimes displayed behind a screen to avoid corrupting young sensibilities. Many of his Viennese Secessionist works (he was a cofounder of this movement) displayed shimmering abstract patterns that embellished private and public spaces. Inspired by their motto, "To the age its art, to art its freedom," they established a modern standard in beautifully patterned household goods, furniture, and avant-garde architecture. It was a unique and lively artistic movement that fused architecture, interior design, and fine and applied art into a gesamtkunstwerk — a "total work of art." The movement emerged as a reaction against historicism and excessive ornamentation, a new art for a new century.

Eleanor Schrader is an award-winning educator, lecturer, and author. She lectures worldwide on the history of architecture, interiors, and decorative arts, and leads art and architecture tours worldwide. She has been named a distinguished instructor of design history at UCLA Extension. She is also a professor emeritus of art and architectural history at Santa Monica College. She has done graduate work in fine and decorative arts at Sotheby's Institute in London and New York and has served as design review commissioner for the city of Beverly Hills. She is co-author of "Wallace Neff (Master Architects of Southern California, 1920-1940)."

Fee: \$40

2 Wed., 9/27 & 10/4 | 1-3 p.m.

Schrader, Eleanor

ONLINE

HEALTH AND SCIENCE



DEEP DIVE IN DARK CHOCOLATE

In this course, we will discuss how dark chocolate is made, how it is different from milk chocolate, and its beneficial properties. We'll also look at the varying degrees of "dark" in dark chocolate (the range is usually 55% to 90%), how and why they are different, and whether some are better for you than others. And do you know about the new dark milk chocolate? Attendees will be invited to take a taste test that will explore their ability to distinguish between different cocoa percentages of dark chocolate. Class members will vote on their favorite chocolate.

Helen Holcomb worked in the U.S. Intelligence Community (IC) for forty years at different agencies and in a variety of capacities. Learning about spies who provided U.S. secrets to foreign governments, their motivations, and what potentially suspicious signs to look for in colleagues' behavior was part of the mandatory, annual operational security training for IC employees. In addition, Helen tracked colobus monkeys, chimpanzees, and gorillas in Rwanda and Uganda in February 2023. She toured much of Rwanda with Rwandan guides and read extensively about the plight of the mountain gorilla and the in-country efforts to preserve its population. Helen made the switch from milk chocolate to dark chocolate and researched chocolate extensively to understand more about this treat. Helen spends as much time as she can at her cabin on the Sound in Kingston. She is the author of "Lying Awake," an educational book for children about marine life on the Puget Sound tide flats and life on a boat. She has given more than 90 presentations about marine life at schools and to adult groups.

Fee: \$25

1 Mon., 10/30 | 10 a.m.-12 p.m.

**Holcomb, Helen
MAB 109**

ASTRONOMICAL TELESCOPES: GALILEO TO JAMES WEBB

Learn about the development of astronomical telescopes, from Galileo's first instrument through the launch and deployment of the James Webb Space Telescope. We'll explore the design, technology, and scientific achievements of these instruments and their influence on our understanding of the universe, with emphasis on the Hubble Space Telescope and the Webb Space Telescope. We'll learn some introductory concepts in optics and light in order to fully appreciate how telescopes work and their capabilities. No background in science or mathematics is assumed.

Robert Korechoff holds a BS, MS, and PhD in physics from UCLA. He has 43 years of experience as an aerospace engineer, the last 26 years at Caltech's Jet Propulsion Laboratory (JPL) in Pasadena, Calif. At JPL, he participated in the optical design, assembly, testing, and performance analysis of several space-borne instruments. He was a member of the Hubble Space Telescope (HST) recovery team, which successfully designed and implemented an optical fix for HST. Dr. Korechoff was an adjunct instructor of astronomy at Glendale Community College in Glendale, Calif., for 10 years.

Fee: \$58

4 Wed., 10/4-10/25 | 10 a.m.-12 p.m.

**Korechoff, Robert
ONLINE**

EXPLORING OUR SENSE OF SMELL AND FRAGRANCE

Smells conjure up warm memories, emotions, and human relationships. Our noses are amazing molecular detectors, but how much do we really know about our sense of smell? How do we perceive smells and describe them to others? What smells are associated with certain diseases and therapies? Come explore the sense of smell, from the biology that makes it possible to the chemistry behind fragrances and essential oils. In the first class, we will discuss the biological path from nose to brain, explore the connection between smell and memory, identify odor molecules and their sources, and compare the abilities of humans to smell with that of other animals. In the second class, we will investigate essential oils, the creation of perfumes, product labels, and regulations. In the third class, we'll evaluate aromatherapy claims and review proposed future uses of smell in our daily lives.

Dr. Reitha Weeks received her BS from Oregon State University and PhD in genetics from the University of Washington. She worked for 13 years in Seattle's biotech industry, moving from bench scientist to company director. This required that she be involved in business and regulatory decisions as well as discovery science. She was program manager for science outreach at Northwest Association for Biomedical Research for nine years. Since 2014, she has been the program coordinator for Shoreline Community College's biotech summer camps for high school students. She is on the board and an active member of the Seattle Chapter of the Association for Women in Science and American Association of University Women.

Fee: \$50

3 Tue., 11/21-12/5 | 10 a.m.-12 p.m.

**Weeks, Reitha
ONLINE**

GLOBAL CLIMATE CHANGE: THE SCIENCE AND WHAT YOU CAN DO

This course starts by sharing how the Earth System works, including the global energy balance. Having established foundational knowledge, the course proceeds to global climate change: what happened, where things are now, and what can be estimated about where things are headed, including climate change impacts and vulnerabilities. In the second half, the course will turn to climate change adaptation (how people can adjust to live safely and protect environments), and climate change mitigation (what can we do globally, nationally, regionally, and in our own personal lives to minimize climate change). The second half will focus on action: reducing our own greenhouse gas emissions, preparing for environmental impacts, and influencing governments to reduce greenhouse gas emissions and to prepare for climate change challenges.

Richard Gammon is professor emeritus of chemistry and oceanography, adjunct professor emeritus of atmospheric sciences at the University of Washington, and former co-director of the UW Program on the Environment. He received his PhD in physical chemistry from Harvard

University. He has been a fellow of the Joint Institute for Study of the Ocean and Atmosphere and was director of science for the Pacific Science Center. He was also chief of the Carbon Dioxide Measurement Program for Geophysical Monitoring for Climate Change and a NOAA research scientist.

Nick Maxwell, PhD, taught psychology, statistics, research methods, and philosophy of science at the University of Washington, Bothell, and wrote a textbook on introductory statistics before moving on to a 20-year career as a statistician, actuary, economist, financial analyst, data analyst, and data scientist at Eddie Bauer, Microsoft, Zillow, Weight Watchers, T-Mobile, and Facebook. Nick is now starting a new career promoting climate protection.

Fee: \$53 Gammon, Richard & Maxwell, Nick
4 Mon., 9/18-10/9 | 1-2:30 p.m. MAB 109

OUR SUN AND ITS SOLAR CYCLE

Solar Maximum is coming — maybe this year! New research by leading solar physicists predicts maximum sunspot activity in late 2023 or early 2024, a year earlier than other forecasts. As part of the "solar cycle," sunspot activity also includes flares, filaments, prominences, and coronal mass ejections. These, in turn, can cause magnificent auroras. Want more? April 8, 2024, will give us the second total solar eclipse over North America in seven years. So, let's brush up on all things solar! In our course, we will start with an overview of solar science and its colorized imagery from several solar spacecraft, then plunge into the sun's nuclear fusion furnace in the core, getting a glimpse of $E = mc^2$ in action. Then we roam outward through the radiation and convection zones to the "surface" and to the far-blazing corona. With respect to the eclipse, we will discuss eclipses in general and the paths of the most recent (2017) and the upcoming (2024) North American eclipses.

Linda Khandro is a geologist with a bachelor's degree in geology, a master's degree in teaching earth science, and a Washington State Teaching Certificate. She has taught geology, astronomy, oceanography, meteorology, and environmental science in face-to-face, hybrid, and online classes at the college level since 1991. She has taught seniors throughout the Puget Sound region, B.C., Canada, and for CRI since 2010. She is an accomplished harpist and has been playing for over two decades.

Fee: \$58 Khandro, Linda
4 Mon., 11/13-12/4 | 1-3 p.m. MAB 109

THE PARADOXES OF INFINITY

We deal with numbers our entire lives: three wise men, a dozen eggs, 99 bottles of beer, a billion dollars, etc. But large or small, none of these finite numbers can prepare us for the paradoxes of infinity (or infinities, to be accurate). In this course, we will move from the relative comfort of finite numbers to the counterintuitive realm of the infinite, where everything violates common sense. We will follow the historical development of the ideas of infinity through the lives and works of the contributing mathematicians (from Euclid to Galileo to Cantor to Gödel), as well as those other non-accepting mathematicians who tormented them. It is a fascinating journey (and I promise there will be no problems involving east- and west-bound trains).

Howie Silver has a BS in physics and MS in information engineering from the University of Illinois at Chicago, and a MS and PhD in mathematics from the University of Illinois at Urbana-Champaign. He was a professor of mathematics and computer science at Chicago State University for 35 years. Howie has taught six math-related CRI courses.

Fee: \$58 Silver, Howie
4 Tue., 10/31-11/21 | 1-3 p.m. MAB 109

USING AN INTERACTIVE TOOL TO REDUCE YOUR CARBON FOOTPRINT

This course will focus on five sources of carbon dioxide (CO₂): automobiles, homes, travel, diet, and clothing. The instructor will use an interactive tool (Microsoft Excel-based) to demonstrate and quantify the effectiveness of CO₂ emission reduction measures. The interactive tool will be used to answer questions such as: Does the quality of a power supply affect the efficiency of an electric vehicle? How large should my solar collector be? Can I modify my diet to reduce CO₂ emissions? Would my CO₂ emissions be lower if I bought fewer clothes? What if I bought my clothes at thrift stores? Methods to reduce CO₂ emissions that will be evaluated in the course include electric vehicles, carpooling, solar power, conservation, dietary change, thrift store shopping, and waste reduction.

Dan Mathias is a retired civil engineer. He taught water science at Everett Community College and algebra at Arizona Western College and the University of Phoenix.

Fee: \$40 Mathias, Dan
~~2 Tu., 9/19 & 9/26 | 10 a.m.-12 p.m. MAB 109~~

HISTORY AND CURRENT EVENTS

AMERICAN HISTORY PART I: EARLY 1800S — AN EMPIRE UNFOLDING

Like a lazy Susan full of delectable treats, this course will look at the early years of the nation. We'll examine western expansion over the mountains into the great unknown, taking only the essentials: "a good gun, a good horse, and a good wife" (D. Boone). We'll dip into the raucous party politics of the time, with the first Western president, Andrew Jackson. We'll discover the revolution in economics and transportation with the occurrence of the first factories and canals, roads, and railroads to move goods. All this was fueled by millions of immigrants who were welcomed by the North and spurned by the South. We'll also delve into the religious and philosophical trends of the time, the Second Great Awakening, the Reform and Abolition Movements, and the Transcendentalists of Concord Massachusetts.

Kristi Busch holds a master's degree in museum studies from George Washington University. She has been a storyteller in both performance and therapeutic settings. Her primary focus over the past 30 years has been teaching courses in history, civics, philosophy, and mythology to audiences ranging in age from 16 to 93.

Fee: \$53 Busch, Kristi
4 Fri., 9/22-10/13 | 1-2:30 p.m. MAB 109

AMERICAN HISTORY PART II: 1825-1850S FINDING OUR FEET

The focus of the course will be on the West and South, beginning with the first Western president, Andrew Jackson. We will explore his new approach, including his distrust of the National Bank, disdain for the high court, and prejudice toward Native Americans. This is the era when King Cotton ruled, spreading to plantation life in the South and factory life in the Northeast. It is the time of the aggressive little war with Mexico, where America garnered great swaths of land just in time for the California Gold Rush. And it is a time when America found its feet culturally, with the philosophy of Transcendentalism, great writing and poetry, and the amazing painting of the Hudson River School of Art.

See class above for instructor bio.

Fee: \$53 Busch, Kristi
4 Fri., 10/20-11/17 | 1-2:30 p.m. MAB 109
No class 11/10.

DETERIORATION OF MODERN DEMOCRACY: IS THERE REASON FOR HOPE OR ONLY DESPAIR?

Nearly 30 years after a leading political scientist declared the triumph of liberal democracy across the globe, the world is seeing fledgling and established democracies struggle. From here in the United States to Venezuela and Poland, voters are seeing the deterioration of what was supposed to be the norm — democracy. The gains of democracy in the 20th century and early in this century are being usurped by a speedy retreat, with several fragile democracies falling to “strongman” or populist leadership. Examples of fledgling and failing democracies from the Americas, Africa, India, and Europe will be studied.

Maria Montalvo holds master's degrees in political science and economics. She writes two columns for the local newspaper Edmonds Beacon, including a column of personal observations, “Moment's Notice,” and an arts and restaurant column, “Arts & Appetite.” She serves as executive director of the Corvias Foundation and is passionate about creating opportunities and supporting students to reach higher.

Fee: \$58
4 Thur., 10/19-11/9 | 1-3 p.m.

Montalvo, Maria
MAB 109

GRAVITATIONAL SHIFT: ASSESSING TÜRKIYE, PAKISTAN, AND INDIA IN THE NEW-NEW WORLD

In this short course, we'll examine the status of three complex states in the trending-to-the-East New World Order: Türkiye, Pakistan, and India. Each session will focus on one country, with both the shared and divergent histories of the three major players in the Middle East and South Asia. In all cases, we'll explore the evolution of their domestic and foreign policies and highlight the highs and lows in their relations with the United States. Participants will receive country-specific resource lists that will include online expert panel discussions. Questions and comments will be encouraged, nay, obligatory!

David Fenner is an affiliate faculty member at the University of Washington's Middle East Center. He regularly teaches courses on the Middle East and currently leads study tours to the United Arab Emirates, Qatar, and Oman. He is also the lead presenter for the federally funded Bridging Cultures program, a series of professional development workshops for K-12 teachers and first responders in communities with large immigrant populations. In 2008, David founded the World Learning Center in Muscat, Oman. Prior to that, he was the assistant vice provost for international education at UW (2000-2007). His career included establishing exchange programs with universities around the world, including in Egypt, Morocco, Israel, Oman, Uzbekistan, Turkey, and Pakistan. From 1979 to 1982, David and his wife, Elisabeth Mitchell, served as Peace Corps volunteers in Oman. They both speak colloquial Gulf Arabic.

Fee: \$50
3 Wed., 11/1; 15; & 29 | 1-3 p.m.

Fenner, David
GWY 352

SUPERLATIVE SPIES

This course focuses on spies who distinguished themselves from other spies, including the most dangerous, the most feared, the most mysterious, the most beautiful, the most famous, the most damaging, the world's greatest, the one never caught, and the one who saved the world. We will examine their biographical profiles, motivations, and impact. We will also take an in-depth look at some of the spy hardware used during the Cold War (1947-1991) as well as some of the espionage tradecraft.

See page 5 for instructor bio.

Fee: \$25
1 Fri., 9/22 | 10 a.m.-12 p.m.

Holcomb, Helen
MAB 109



HISTORY OF THE FEDERAL RESERVE

A former member describes the Federal Reserve as “an entity with singularly enormous powers to influence financial markets and the economy.” Critics describe it as an independent and undemocratic institution that controls the American economy and yet is not accountable to the voting public. This series will look at the history of the Federal Reserve. It will begin with a brief look at the American banking system and currency supply prior to 1913. It will explore how and why the Fed was established and subsequent reforms that made the Fed an independent agency within the federal government. The series will then explore the performance of the Federal Reserve, with special attention to its role in the Great Depression of 1930, the inflationary 1970s, deregulation of the financial markets in the 1980s and 1990s, the financial crisis of 2007, and the collapse of the Silicon Valley Bank in 2023.

James Rigali has a PhD in history from the University of Washington. He taught history for 20 years at UW, Pacific Lutheran University, and North Seattle Community College. He has been a lecturer for CRI for several previous classes, including U.S. Colonial History, History of the American Revolution, the French and Indian War, the Presidency of John F. Kennedy, and the Presidency of Thomas Jefferson.

Fee: \$58
4 Wed., 10/4-10/25 | 1-3 p.m.

Rigali, James
GWY 352

THE GREAT WAR: A CIVILIZATION'S END

This course seeks first to examine pre-World War I European society and the political, social, and economic fault lines that allowed, or caused, the breakdown of “the proud tower” of European civilization. After a discussion of the fevered last days of peace, we will move on to the first weeks of the war, seen largely through the eyes of British sources. Session two will focus on war fighting, with discussion of ethnic and racial issues, the roles of women, the entry of the United States into the fighting, and the complex relationships between the allied partners. Finally, we will examine the cruelty and confusion of war's end and the failure of Woodrow Wilson to influence the reconstruction of European order. Note: We will have six hours together, enough time to go almost anywhere you want to go.

Laurence Kerr is a career member (retired) of the U.S. Senior Foreign Service. Following service as an airborne infantry and special operations officer, he began a career in the U.S. State Department.

His final diplomatic assignment was as assistant professor of grand strategy and national security studies at the Eisenhower School of the National Defense University. He also worked as a distinguished lecturer at the Inter-American Defense College in Washington, D.C. and as a lecturer in American politics at the University of the Americas near Mexico City.

Fee: \$50
3 Thur., 11/16-12/7 | 1-3 p.m.
No class 11/23.

Kerr, Laurence
MAB 109

UNEARTHING THE CITY OF DAVID

Before Solomon and before the First Temple, there was the City of David. What have the centuries left behind to tell us of this king and his kingdom? Archaeologists have worked tirelessly to reveal the secrets of this era held in the layered rocks of Jerusalem and in the city that bears his name. I am pleased to share my most recent experience at the dig site in Israel. This lecture will outline the topography of early Jerusalem and provide an overview of the wars and cultures that have left physical objects embedded in the landscape to bear witness to their historical presence. What mysteries are revealed in the latest finds? Join us as we delve into the traces left by ancient scribes, the hidden stashes of wealth, the remnants of long-ago meals, mosaic floors walked on, or the mikvah ritual baths — all demonstrating the richness and complexity of the City of David.

See page 4 for instructor bio.

Fee: \$25
1 Fri., 9/29 | 10 a.m.-12 p.m.

Maasdam, Christine
ONLINE

WHO PASSED THE LAW OF SUPPLY AND DEMAND? AN INTRODUCTION TO ECONOMICS

This course will provide a basic introduction to the vocabulary and ideas of economics. We will discuss definitions of commonly used terms, such as “socialism,” “capitalism,” and “free market.” The course is designed for students who have no background in economics and may be a little afraid of it. We will consider applications to current issues and events.

Scott Gassler earned his MA in economics at the University of Washington and his PhD in economics at the University of Colorado. He has taught economics and politics at a number of institutions in the U.S. and Europe, from community college through graduate school. Scott is now retired and living in Everett.

Fee: \$50
3 Thur., 10/12-10/26 | 10 a.m.-12 p.m.

Gassler, Scott
MAB 109

LITERATURE

CRI'S FALL BOOK CLUB: “EMMA” BY JANE AUSTEN

“Emma,” Jane Austen’s fourth novel, centers on Emma Woodhouse, a beautiful, wealthy, and precocious young woman whose misplaced confidence in her matchmaking abilities causes several romantic misadventures. If participants have time after reading the book, they may want to watch one of the movies made from “Emma,” including “Emma” (1996) with Gwyneth Paltrow, “Emma” (2009) with Romola Garai, “Emma” (2020) with Anya Taylor-Joy, or “Clueless” (1995), a contemporary retelling with Alicia Silverstone.

Nancy Eidemiller is a lifelong learner and reader. A proud graduate of Echo Lake Elementary School in the Shoreline district, Nancy’s favorite book in third grade was “The Shy Stegosaurus of Cricket Creek” by Evelyn Sibley Lampman. She has been known to say that there is no such thing as too many books, just too few bookshelves.

Fee: \$15
1 Tue., 9/26 | 10 a.m.-12 p.m.

Eidemiller, Nancy
EWC

CRI'S EXPANDED BOOK DISCUSSION GROUP

Join with other story lovers as we talk about books, theater, and film. Each week, participants will share what they have been reading or watching. Any genre, fiction or non-fiction, is fine. We will enjoy great discussions as we link up book themes, topics, authors, and books that have found another life on the stage, in the movies, and even in opera. You are guaranteed to go home with at least one new book suggestion, a new author to read, or a theme or genre to explore.

See class above for instructor bio.

Fee: \$30
3 Tue., 11/21-12/5 | 10 a.m.-12 p.m.

Eidemiller, Nancy
EWC



SACRED POETRY

This poetry course will focus on and emphasize the role of “spirituality” in poems from around the world. We’ll examine how poetry is ideally suited to express what is “heartfelt” in life, and in so doing, reveal how beautiful verse can enable the “burnishing of one’s soul.” We’ll examine themes such as joy, grief, longing, loss, mindfulness, imagination, and love of nature. Some of the poets we’ll consider are Emily Dickinson, Rumi, William Blake, Hafez, Rilke, Kabir, Li Po, Goethe, Yeats, William Stafford, Wallace Stevens, and Mary Oliver. **The text for this class is “The Soul is Here for its Own Joy: Sacred Poems from Many Cultures,” edited by Robert Bly.**

Robert Stahl has taught for CRI for over 20 years. He’s taught poetry classes on Rumi, Emily Dickinson, Rilke, Mary Oliver, and haiku, as well as classes on Joseph Campbell’s “The Power of Myth,” Thomas Moore’s “Care of the Soul,” and poet John O’Donohue’s “Celtic Wisdom.”

Fee: \$58
4 Thur., 10/5-10/26 | 10 a.m.-12 p.m.

Stahl, Robert
ONLINE

INTRODUCTION TO SÁMI LITERATURE: PERSPECTIVES FROM SÁPMI AND BEYOND

In this seminar-style course, participants will gain an overview of Sámi literature from diverse perspectives of and about the Sámi. The Sámi are an Indigenous people whose traditional territory, Sápmi, spans across northern Norway, Sweden, Finland, and Russia. Written accounts of the Sámi go as far back as the Roman Empire, and through the ages the Sámi have been falsely perceived as subhuman and even an exotic 'Asiatic' race. However, since the early twentieth century, Sámi authors, poets, and artists have taken back the narrative. This course highlights Sámi voices in Sápmi and beyond for reconstructing the past to better understand the present, including a variety of forms and literary genres, such as poetry, joik text, folklore, non-fiction testimony, and more.

A Sámi American researcher and writer, Kaja Gjeldel-Bennett is currently pursuing a PhD in hispanic literature at the University of New Mexico. Previously, Gjeldel-Bennett received a MA in Indigenous studies (2020) from the University of Tromsø, the Arctic University of Norway, as both a U.S.-Norway Fulbright Grantee and a Norway-America Association Scholar. She obtained a BA (2017) from Pacific Lutheran University in Tacoma, Wash. Gjeldel-Bennett also manages Nordiska's Nordic book club and blog and contributes to Women at Warp's feminist science fiction podcast. Her research interests include Indigenous methodologies, Indigenous futurisms, intersectional feminism, and Hispanic and Nordic contemporary literature.

Fee: \$58 **Gjeldel-Bennett, Kaja**
4 Tue., 10/3-10/24 | 10 a.m.-12 p.m. **ONLINE**

POETRY OF THE CAVALIER PERIOD 1610-1649

In this course, we will read a sampling of some of the best English verse written in the years leading up to the English Civil War, including some of the "Metaphysicals" (Donne, Herbert), the "Sons of Ben" (Jonson, Herrick), the Cavaliers (Suckling, Lovelace), and that most un-Puritanical Puritan, Andrew Marvell. A course reader will be provided by the instructor at least one week before the first meeting.

Sean Taylor holds a PhD in English from the University of Washington and has taught as a professor at Portland State University and Hamilton College. His main areas of expertise are Old and Middle English literature.

Fee: \$58 **Taylor, Sean**
4 Thur., 9/21-10/12 | 1-3 p.m. **MAB 109**

SHAKESPEARE'S "MERRY WIVES OF WINDSOR"

In this course, we will undertake a reading of the only play by the bard that features regular Elizabethan middle class life (which will be staged by Seattle Shakespeare Company at some time in the fall of 2023). In addition to discussing the themes of jealousy and class anxiety, we will look at the possible historical background for this unusual play. Students are asked to read through Act 2 for the first meeting of the class. Any edition of the play will do, though it is recommended that one use an edition that has annotations and line numbers (the instructor prefers Signet Classic paperbacks, widely available).

See class above for instructor bio.

Fee: \$50 **Taylor, Sean**
3 Tue., 10/10-10/24 | 1-3 p.m. **MAB 109**

NATURE

BIRDS OF THE PACIFIC NORTHWEST

In this course, we will increase your ability to identify and understand the common birds of our region. We will explore the anatomy, reproduction, foods, foraging, and habitats of birds. We will discuss backyard birds, owls, raptors, and water birds. The course is geared toward beginning to intermediate-level birders.

Candy Brown has a deep passion for birds. She began an intense study of birds in the late 1990s when she joined Pilchuck Audubon Society and started working at PAWS Wildlife Hospital as a bird care specialist. Using the knowledge that she gained as an education major in college followed by a career in corporate adult education, Candy developed classes on birds. She has volunteered with the Washington Department of Fish and Wildlife and certified her backyard in Edmonds as a Wildlife Sanctuary. There she has counted more than 60 different bird species.

Fee: \$50 **Brown, Candy**
3 Tue., 10/31-11/14 | 10 a.m.-12 p.m. **MAB 109**

CHASING CHIMPANZEES AND GORILLAS

In this course, we will learn about the incredibly successful chimpanzee and mountain gorilla habituation programs in Rwanda and Uganda and what it's like to track chimps and gorillas through the underbrush. We will discuss lesser-known facts about these primates and review the difference between monkeys and apes, including their behaviors and physical attributes. We will also look at what Rwanda is like today and why it is so prosperous — only 29 years after one of the most horrific and devastating genocides in modern history.

See page 5 for instructor bio.

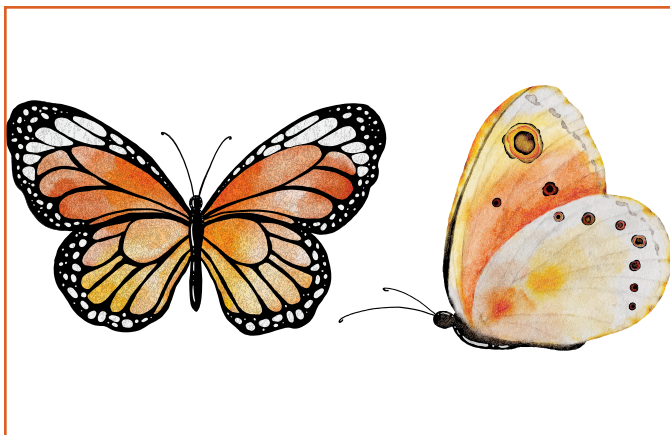
Fee: \$25 **Holcomb, Helen**
1 Mon., 10/16 | 1-3 p.m. **MAB 109**

FALL IS FOR GARDENING, TOO!

It's fall, and while the heady, warm days of summer may be over, it's not time to ignore your garden. We'll discuss how to "put your garden to bed" and protect it from pests and disease organisms that would love to nestle in and stay for the winter. We'll explore ways to promote the health of overwintering perennials and shrubs and discuss which kinds of plants are best planted in the fall. We will also review what grew well and discuss plans to order seed and bulb catalogs.

Jerelyn Resnick is a nursing instructor who recently retired from the University of Washington Bothell. She is a Snohomish County Master Gardener. She has worked in the Master Gardener demonstration gardens, participated in answer clinics, and taught various gardening topics. She is on the planning team for the 2023 Master Gardener Advanced Education Conference. Jerelyn enjoys helping gardeners succeed in growing native plants.

Fee: \$50 **Resnick, Jerelyn**
3 Mon., 11/20-12/4 | 10 a.m.-12 p.m. **MAB 109**



INTRODUCTION TO BUTTERFLIES OF WASHINGTON STATE

Butterflies are often admired, yet most individuals know little about them. In this class, we will learn about the butterflies of Washington state. We will focus on identification of local species, where and how to find them, basic biogeography, and the importance of butterfly-plant associations. From common Anglewings flapping above snow during springtime in the Cascades to the rare Johnson Hairstreaks cruising among mistletoe high up in old-growth, 155 species can be found in the local environments. New butterfly-plant associations and new locality records for butterfly species from Washington state are still being identified. This class will prepare the student to be better able to make such discoveries.

Jerry Austin earned a BA in English with a focus on poetry from the University of Washington. His experience with butterflies is mostly self-taught. However, he majored in biology for two years (prior to becoming an English major) and is a long-time volunteer in the spider and insect offices of the Burke Museum. He is currently cataloguing the Burke Museum's extensive butterfly collection. He is also assisting David Droppers on his project of taking inventory of butterflies of the Mountain Loop Highway. Jerry has lectured on entomological subjects for the Scarabs Insect Club in Seattle. He has a genuine desire to impart to the class knowledge and ideas that will allow them to feel the same sense of exhilaration he has felt when observing butterflies in the field.

Fee: \$58

4 Mon., 9/18-10/9 | 10 a.m.-12 p.m.

Austin, Jerry

MAB 109

MARINE LIFE ON THE PUGET SOUND TIDE FLATS

In this course, we will explore the marine life in tidal pools of some of the most extensive low-tide sand beaches on the Puget Sound—tide flats which are right in our backyard in Kingston. We will learn about the sound's marine mammals, sea birds, mollusks, and more. We will find out: What is that thing? What do divers see in the Edmonds Underwater Park? What is living out in the Puget Sound? The featured animals will include the orca, harbor seal, river otter, bald eagle, osprey, great blue heron, geoduck, moon snail, squid, octopus, sea star, jellyfish, sea cucumber, sea anemone, and sand dollar.

See page 5 for instructor bio.

Fee: \$35

2 Thur., 11/2 & 11/9 | 10:30 a.m.-12 p.m.

Holcomb, Helen

MAB 109

PHILOSOPHY

ARISTOTLE ON FRIENDSHIP

Aristotle says that although friendship is not a virtue, it implies a virtue. It is noble, praiseworthy, and necessary to live well. This course will examine what Aristotle says about friendship and consider the extent to which it applies to our lives today. Among the topics to be discussed are Aristotle's definition of friendship and how well it fits his distinction between virtue, utility, and pleasure friends; what he says about friendship among unequals; in what way a friend is a "second self," why friends spend time together; the relation between friendship and trust; and the relation between friendship and justice. One topic that may be of interest today is his claim that justice in the state extends as far as does a certain kind of friendship — civic friendship.

Norman Dahl is an emeritus professor of philosophy at the University of Minnesota. He received a BA in mathematics with a minor in philosophy from Pacific Lutheran University. He received a PhD in philosophy from the University of California, Berkeley. He taught philosophy for one year at the University of Nebraska and the equivalent of forty years at the University of Minnesota. His main interests are moral philosophy and ancient Greek philosophy, and he has taught and published in both areas.

Fee: \$58

~~4 Thur., 11/9-12/7 | 10 a.m.-12 p.m.~~

~~No class 11/23.~~

Dahl, Norman

MAB 108

WITHOUT GOD: MEDITATIONS ON THE SECULAR LIFE

This course will explore a variety of philosophical and theological perspectives that have been offered on the question of the existence of God and the nature of Western religious belief and seek to appraise their essential elements and relative strengths and weaknesses. Critical responses to the God "hypothesis" offered by contemporary thinkers will be described and evaluated along with answers to such questions as: Can one live a satisfying life absent belief in a divine being? Does the existence of morality presuppose God? In the absence of God, are all things permissible?

A popular instructor for CRI, Sorrel R. Paskin has an MA in philosophy from New York University and an MS in accountancy from the University of Missouri. He has taught courses on the history of philosophy, selected thinkers' works, and economics at numerous colleges and universities.

Fee: \$58

4 Fri., 10/6-10/27 | 10 a.m.-12 p.m.

Paskin, Sorrell

MAB 109

TECHNOLOGY

GETTING TO KNOW GOOGLE DRIVE

We are going to dive into the free Google Drive services found in your Google account, which will simplify your life and make you more productive. We will show you how cloud-based apps work within the Google universe. We will cover the advantages of using Google's office productivity apps — and the pitfalls. Touching on security and privacy, we will show how Google's products can work with — and sometimes better than — the business software you might be familiar with. This class is for desktop/laptop computer users and will include information for mobile devices. The Chrome web browser is recommended. This class will use recorded and live demonstrations as well as written material. **You may be invited to complete a self-assessment survey before the class meeting to help you determine if this class is right for you.**

Kate Schwarz worked in the Edmonds College Technology Resource Center, helping faculty with e-learning, instructional technologies, and course design. She worked for many years as a computer resource manager at the University of California. Since moving to the Northwest, she has worked as an independent educational technology consultant for nonprofits.

Fee: \$25

Schwarz, Kate

Choose one of the following:

1 Wed., 9/27 | 1-3 p.m.

MAB 108

1 Wed., 10/25 | 1-3 p.m.

ONLINE

CREATING, SHARING, AND COLLABORATING IN GOOGLE DOCS

In this introduction to Google Docs, we'll show you how to create documents and share works "in the cloud." We'll discuss how Google Docs can fit into and simplify workflow across devices and operating systems. This class is intended for desktop/laptop computer users but will include information for users of mobile devices. The Chrome web browser is recommended. This class will use recorded and live demonstrations as well as written material. **You may be invited to complete a self-assessment survey before the class meeting to help you determine if this class is right for you.**

See class above for instructor bio.

Fee: \$25

Schwarz, Kate

Choose one of the following:

1 Thur., 9/28 | 1-3 p.m.

MAB 108

1 Thur., 10/26 | 1-3 p.m.

ONLINE

WINDOWS 11 AND ME

Microsoft launched Windows 11 nearly a year ago with a slimmed down, less complicated user interface and some new capabilities. How has it fared? Is Windows 11 a compelling upgrade? Should you upgrade or do you need a new computer? How different is it? Let's explore these and your questions about how to set up and use Windows 11.

See page 3 for instructor bio.

Fee: \$50

Boston, Brian

3 Thur., 9/21-10/5 | 10 a.m.-12 p.m.

MAB 109

IMPORTANT NOTE

If you are registering for multiple classes, please check your calendar to avoid any concurrencies.

A one-page calendar with CRI offerings is available at edmonds.edu/cri or at the front desk of the Maltby Building.

Please contact the CRI office if you have any questions.

Location key:

EWC: Edmonds Waterfront Center (220 Railroad Ave, Edmonds, WA 98020)

MAB: Maltby Building, Edmonds College (7020 196th St SW, Lynnwood, WA 98036)

GWY: Gateway Hall, Edmonds College (6606 196th St SW Lynnwood, WA 98036)

ONLINE: Conducted via Zoom (links emailed two days prior to class)



ARTIFICIAL INTELLIGENCE: WHAT YOU NEED TO KNOW

The study of artificial intelligence (AI) dates to the 1950s, but only in 2023 did AI take the public by storm. The attention began when a program called ChatGPT was released. The result was earthshaking, because the program seemed to exhibit some surprisingly intelligent behaviors, and at the same time illustrated some of the major threats posed by advanced AI systems. The capabilities and implications of systems such as ChatGPT are extremely controversial. Some say they represent an existential threat to humanity, and others say that the capabilities and threats have been wildly exaggerated — that these are still just algorithms processing massive amounts of data from the Internet to create new documents. Similar debates surround new AI systems for image and audio processing. This class will provide an overview of the following topics: the different types of AI and how they work, how AI can improve our lives, what the biggest risks of AI are, and the current AI policy debates. **This is a two session class that will be followed by an optional in-person discussion session for those able to attend.**

Terry Gray earned a PhD in computer science from UCLA, and, as a senior technology manager, he spent much of his career at the intersection of technology and policy. After running the Center for Experimental Computer Science at UCLA and working at a Silicon Valley startup, Terry joined the University of Washington in 1988 as director of networks and distributed computing. When he retired in 2014, he was associate vice president for technology strategy and chief technology architect, as well as an affiliate professor in the computer science department at UW. In a previous life as a young electronics officer, Terry was perhaps best known for commuting to Naval Station San Diego in his dune buggy with a "flower power" paint job.

Fee: \$40

2 Wed., 11/22 & 11/29 | 10 a.m.-12 p.m.

& 1 Wed., 12/6 | 10 a.m.-12 p.m.

Gray, Terry

ONLINE

GWY 352



COMMUNITY EDUCATION CLASSES

Community Education offers both online and in-person classes this quarter. All online classes will be held via Zoom.

Registration/more information:
edmonds.edu/comed
comed@edmonds.edu | 425.640.1243



THE ARTS

EDMONDS COLLEGE CONCERT BAND

Woodwinds, brass, and percussion musicians of all levels welcome! The Edmonds College Concert Band provides large ensemble experience for instrumentalists and gives south Snohomish County a local concert band. Members of the community are invited to join as Megan Vinther directs. The band will meet for rehearsals and one performance each quarter. Enrollment for this class remains open until September 30.

Fee: \$99
12 Tues., 9/19-12/5 | 7-9:30 p.m.

Vinther, Megan
MIC 114

EDMONDS COLLEGE JAZZ & SALSA BAND

Rehearsal and performance of traditional jazz band and authentic salsa repertoire. We welcome trumpets, trombones, saxophones, piano, guitar, bass, drumset and percussion. The band enjoys relationships with many local professionals who serve as guest artists and clinicians, providing instruction and guidance in big band and salsa styles alike! Please contact john.sanders@edmonds.edu for an informal audition and more information.

Fee: \$99
10 Mon., 9/18-11/27 | 7-9:30 p.m.
No class on 10/9.

Sanders, John
MIC 114

FABRIC BEADS MAKE & TAKE

Create one-of-a-kind beads with leftover fabrics, beads, yarn, and some glue. Create necklaces, bracelets, and all types of jewelry with these colorful beads.

Fee: \$29
1 Sat., 10/21 | 10 a.m. - 12 p.m.

Acosta-Pieters, Martha
In Person, Room TBD



INTRODUCTION TO THE SCIENCE OF CULTURAL ASTRONOMY

Students will learn how our ancestors observed and utilized the cyclical nature of the sky over millennia and explore the unifying aspects of our human evolution within a tripartite cosmos. The disciplines of astronomy, archaeology, anthropology, and mythology will be explored to examine how humans immersed themselves in the nature of the cosmos. Students will explore their place in the 21st Century and the sacredness of the night sky. Light pollution is robbing us of our celestial inheritance.

Fee: \$149
8 Weds., 9/20-11/8 | 7-8:30 p.m.

Seven, William
ONLINE

FALL PAINTING SERIES

Create a gallery of artwork! In each session, students will paint a different fall-themed art piece with step-by-step instruction using acrylic paints. Students will learn techniques and best practices to nurture the artists in all of them, learn interesting facts about the weekly painting subjects, and gain confidence to explore painting and artistic freedom further! All levels are welcome, and no experience is necessary. See the supply list online for class materials.

Fee: \$130

5 Weds., 9/20-10/18 | 6-8 p.m.

Rodriguez, Erick

ONLINE

FALL PHOTOGRAPHY CHALLENGE

Feel like something is missing in your photography? Explore photography by learning to visualize a photograph and then create it through lighting, composition, and exposure. This class focuses on discovering new ways of seeing and an artistic approach to composition. Discover the steps beyond basic composition and exposure to create artistic photographs. There will be lectures, examples, and weekly assignments. The instructor will critique assignments and help students grow their photography knowledge. Some topics covered will be migratory birds, autumn foliage, conceptual images, holidays, workflow, and digital darkroom.

Fee: \$149

5 Tues., 10/10-11/14 | 6:30-8:30 p.m.

Ulvestad, Karen

ONLINE

No class on 10/31.

INTRODUCTION TO THE GREAT HIGHLAND BAGPIPE

This class will take students on a hands-on guided tour of bagpiping. It begins on practice chanter, with the basic elements of playing bagpipes and an overview of reading music. Next, students will learn about bagpipes, their pieces and parts, and how they are played, as well as the kilt and other attire that pipers wear. Each week, students will listen to bagpipe tunes and learn about musical idioms and bagpipe bands. Finally, students will get a glimpse of the highland games and learn about the piping scene in the Pacific Northwest. Students will need a writing implement, a folder and handouts, a practice chanter, and a practice chanter reed. Links to purchase the practice chanter and reed are in the online course description.

Fee: \$110

6 Thurs., 10/5-11/9 | 6-8 p.m.

Boss, Alexa

In-Person, Room TBD

RECYCLING ESPRESSO PLASTIC CUPS INTO BANGLES

Save those cold espresso drink cups — they will become fabulous bangles for kids or adults. By recycling some leftover fabric, wire, and beads, you can create fashionable items to wear or gift to family, friends, and coworkers.

Fee: \$29

1 Sat., 11/4 | 10 a.m. - 12 p.m.

Acosta-Pieters, Martha

In Person, Room TBD

T-SHIRT SCARVES MAKE & TAKE

Create various types of scarves by repurposing old t-shirts.

Fee: \$29

1 Sat., 10/28 | 10 a.m. - 12 p.m.

Acosta-Pieters, Martha

In Person, Room TBD

CAREER AND BUSINESS

EXCEL I: EXCEL IN YOUR WORLD! THE EXPLORATION OF SPREADSHEETS

Excel is an amazing, powerhouse program that can be used in many parts of our daily lives! In this introductory class, we will learn how Excel is set up, enter and format data, execute basic formulas, and then get into working with some of the powerful functions available in Excel. Required: Access to MS Office Excel for Windows (version 2016 or higher).

Fee: \$69

3 Thurs., 10/5-10/19 | 6-8 p.m.

Simerly, Mary

ONLINE

EXCEL II: PIVOTS & FORMULAS

Continue your Excel journey in the second class in the series and enhance your comfort level when working with data. In this class, we will learn how to work with more functions, sort and filter data, apply conditional formatting, and work with PivotTables. Prerequisite: Excel I or working knowledge of topics covered in Excel 1. Must have access to MS Office Excel for Windows (version 2016 or higher).

Fee: \$69

3 Thurs., 11/2-11/16 | 6-8 p.m.

Simerly, Mary

ONLINE

PODCASTING 101

Learn podcasting from Anthem Award-winning podcast producer John Yeager! The course will include a background to podcasting, trends in the podcasting industry, and a discussion on why you should or shouldn't produce a podcast. Each class will feature a guest speaker with real-world podcasting experience, along with plenty of time for questions.

Fee: \$79

3 Sat., 9/30-10/14 | 10 a.m.-12 p.m.

Yeager, John Allen

ONLINE

PODCASTING 202

These one-hour private consultation "office hours" sessions will be offered during the week following Podcasting 101. They will go deeper into subjects brought up in the class, such as content creation, music editing, and tips on improving the quality of your podcast. In addition, instructor John Yeager will offer guidance on content development and growing your audience.

Fee: \$50

**1 Tues. Weds. or Thurs.,
10/17, 10/18 or 10/19 | 6:30-7:30 p.m.**

Yeager, John Allen

ONLINE

VOICE TO YOUR VISION: BUILDING THE BRAND

Have the vision but need the business plan? Learn how, when, and where to market yourself. In a world where you can technically make an Instagram account and call yourself a business owner, what does it mean to actually build your brand and own your career? Mira Kraft, founder and CEO of the brand development company MKPR, will be diving into the many moving parts to be aware of when building your brand. In this class, you will learn how to make a blueprint for your ideas/business, identify your campaign niche, and learn how to properly market yourself.

Fee: \$29

Weds., 9/20 | 6-8 p.m.

Kraft, Mira

ONLINE

VOICE TO YOUR VISION: EVENT PLANNING

During this class, you will learn the skills necessary to curate, promote, and host a powerful event.

Fee: \$25
1 Weds., 9/27 | 6-7:30 p.m.

Kraft, Mira
ONLINE

VOICE TO YOUR VISION: MUSIC RELEASE

This class will guide you through the steps of a successful music release.

Fee: \$25
1 Weds., 10/11 | 6-7:30 p.m.

Kraft, Mira
ONLINE

VOICE TO YOUR VISION: E-COMMERCE

Want to launch an online store? This class will provide the process for a positive launch.

Fee: \$22
1 Weds., 11/1 | 6-7 p.m.

Kraft, Mira
ONLINE

VOICE TO YOUR VISION: CREATIVE DIRECTION

Want to dive deeper? Schedule a one-hour consultation with Mira to focus on your project. **Please indicate which dates work best when registering, as each date will be first-come, first-serve.**

Fee: \$45
Weds., 10/4, 10/18, 10/25, 11/8, or 12/6 | 6-7:30 p.m.

Kraft, Mira
ONLINE

HOME, HEALTH AND HEARTH

CSI: MYTH VS. FACT

Join presenter Lynne Dean, a forensic scientist and retired latent fingerprint examiner with the King County Sheriff's Office in Seattle, Washington, as she explores how crime scenes are processed for evidence. You will learn how a forensic fingerprint laboratory works, discuss photographs from real crime scenes, and determine what YOU see as evidence. You'll also participate in hands-on exercises at home to give you a true "feel" for working with evidence and discover how to distinguish fact from fiction when it comes to your favorite CSI-style TV shows. Student participation is encouraged! This class is for students 18 and older, as some of the content and photos are considered graphic. In addition, participants will need a roll of clear tape (like Scotch tape) and their choice of one of the following: a clear plastic water bottle, ceramic mug (like a coffee cup), or clear sheet protector. Those items will be part of the hands-on exercises they will do during the Zoom presentation.

Fee: \$39
Weds., 9/27 | 6-9 p.m.

Dean, Lynne
ONLINE

HOMESCHOOL NUTS & BOLTS

Interested in homeschooling but don't know where to start? This course will provide you with important information and potentially money-saving resources to effectively teach your child. You'll learn to work with your child's uniqueness and learning style to develop lifelong skills and a love of learning. Also, successful completion of this engaging, affordably priced class meets the Washington state legal requirements as a "Qualifying Course" for parents who choose to provide home-based instruction for their children. For information about class content or requirements, contact the instructor at 206-954-4394.

Fee: \$109
3 Sessions, 10/3, 10/4 & 10/5 | 6-9 p.m.

Rosenzweig, Beth
ONLINE



YEAR-ROUND GARDENING: FALL & WINTER

Keep your garden growing this fall and winter! In this hands-on, in-person class at Edmonds College, you will learn what can still be planted now for a fall crop and how to prepare your garden for winter. We will also discuss cover crops and other ways to protect your soil health over winter. We will do some planting and seeding of fall crops and tour the campus farm. **Price includes \$5 supply fee.**

Fee: \$29
1 Sat., 9/23 | 10 a.m.-12 p.m.

Swart, Marni
In Person, Campus Farm

PRACTICAL SITUATIONAL AWARENESS & PERSONAL SAFETY FOR EVERYONE

Violent encounters take only seconds and are over faster than it takes police to respond. Wouldn't it be better to avoid confrontation in the first place? Our personal safety training is a preventative and proactive program that teaches you how to use situational awareness to navigate your surroundings, and avoid conflict by exposing criminals and their tactics. You will learn real world safety skills that will help you avoid potentially threatening situations. We've trained everyone from teenagers to corporate security directors of large corporations with our easy to follow, step-by-step programs. We also offer targeted training for realtors, property managers, hospital staff, lone workers, and travelers. This course will provide you with a set of tools to anticipate potentially dangerous situations and reduce the risk of harm.

Fee: \$25
Choose one of the following:

1 Mon., 10/9 | 6-7 p.m.
1 Wed., 10/11 | 6-7 p.m.
1 Mon., 11/13 | 6-7 p.m.
1 Wed., 11/15 | 6-7 p.m.

Carey, Tara

ONLINE
In-Person, Room TBD
ONLINE
In-Person, Room TBD

TAPAS AND WINE PAIRING

Are you hosting holidays this year? If so, you won't want to miss this class! Join wine educator Reggie Daigneault and explore the best food and wine pairing ideas when it comes to holiday meals. Map out your meals and discuss which wines work best in the fall and why. Reggie will share tips and tricks to be ready for those last minute holiday gifts, events, and more! Students must be at least 21 years old to attend this class. **Price includes wine and tapas.**

Fee: \$65
Friday, 11/3 | 6-9 p.m.

Daigneault, Reggie
College Cafe

TAX & INCOME PLANNING STRATEGIES

Ready for retirement? This course focuses on concepts that are important to retirement and explains strategies designed to accomplish objectives such as inflation protection, tax-efficient withdrawals, lifestyle preservation, and providing a legacy. Both retirees and pre-retirees will benefit from attending this workshop!

Fee: \$49
2 Thurs., 9/21 & 9/28 | 6:30-8:30 p.m. Keppler, Richard
In Person, Room TBD

TAX REDUCTION STRATEGIES FOR IRA DISTRIBUTIONS

Under the 2019 SECURE ACT the retirement plan distribution rules for beneficiaries have been drastically changed. This workshop will help you understand the various tax reduction strategies available to help you go from forever taxed to never taxed, including charitable planning, Roth conversions, and life insurance. We will also discuss funding strategies from your retirement accounts to provide for the special-needs family member.

Fee: \$39
1 Thurs., 10/19 | 6:30-9 p.m. Harsin, Dick
In Person, Room TBD

FOREIGN LANGUAGE

FRENCH: BEGINNING

Bonjour! Learn the basics of French for speaking, reading, and writing in this beginning French class! Required Books: "Easy French Step-by-Step" by Myrna Bell Rochester (McGraw Hill) ISBN-13: 978-0071453875 and "French: Short Stories for Beginners" by Frederic Bibard.

Fee: \$99
5 Tues., 9/26-10/24 | 6:30-8 p.m. Courtney, Patricia
ONLINE

FRENCH: INTERMEDIATE

As a continuation of French: Beginning, or for intermediate French speakers, this class deepens vocabulary, grammar, and conversational skills. French history and culture are included. Taking French: Beginning is recommended but not required. Required Books: "Easy French Step-by-Step" by Myrna Bell Rochester (McGraw Hill) ISBN-13: 978-0071453875 and "French: Short Stories for Beginners" by Frederic Bibard.

Fee: \$99
5 Tues., 11/7-12/5 | 6:30-8 p.m. Courtney, Patricia
ONLINE

FRENCH CONVERSATIONAL 1

This class is designed for beginning and intermediate learners to explore spoken French and the use of the elements taught during French Fundamentals. Also included are the basics of conversational French to assist with navigation of tourist activities.

Fee: \$99
5 Thurs., 9/28-10/26 | 6:30-8 p.m. Courtney, Patricia
ONLINE

FRENCH CONVERSATIONAL 2

This class is for those who wish to perfect their French expressions and use of what they have already learned during the Intermediate and/or Advanced classes. We will base our conversations on previously studied readings and visit subjects such as the history of the French culture and its singularity.

Fee: \$99
5 Thurs., 11/2-12/7 | 6:30-8 p.m. Courtney, Patricia
ONLINE

No class on 11/23.

SPANISH: BEGINNING

It's never too late to develop your foreign language skills! Impress your friends and colleagues by developing your conversational ability in real-life situations in your community or while traveling. Study basic pronunciation and grammatical structure in a nurturing, interactive environment. Recommended for people who have never taken Spanish. Required Book: "SPANISH in 10 Minutes a Day" (ISBN: 978-1931873307).

Fee: \$245
10 Thurs., 9/21-12/7 | 6-8 p.m. Baird, Monica
ONLINE
No class on 10/19 & 11/23.

SPANISH: INTERMEDIATE 1

Continue with Spanish conversation and grammar skills and learn to conjugate verbs in present, past, and future. Prerequisite: Spanish: Beginning. Required Book: "Barrons: Learn Spanish the Fast and Fun Way" 2nd or 3rd Edition by Gene Hammitt (ISBN: 978-0764125508).

Fee: \$245
10 Tues., 9/26-12/5 | 6-8 p.m. Baird, Monica
ONLINE
No class on 10/17.

SPANISH: INTERMEDIATE 2

Continue learning by improving your useful vocabulary, conversation, and grammar skills using the present, past, and the future tenses. Prerequisite: Spanish: Intermediate 1. Required Book: "AVENTURAS primer curso de lengua española" by Jose A. Blanco and Philip Redwine Donley student (ISBN: 978-1618570536).

Fee: \$245
10 Mon., 9/25-12/4 | 6-8 p.m. Baird, Monica
ONLINE
No class on 10/23.

SPANISH: ADVANCED

Refine your vocabulary, pronunciation, grammar, and ability to master routine conversations. Recommended Prerequisite: Spanish: Intermediate 2. Required Book: "SPANISH for MASTERY 3 SITUACIONES" by Valette - Valette - Carrera-Hanley (ISBN: 0-669086843). Workbook: "Spanish for Mastery 3 Situaciones" (ISBN: 0-669313785). (Instructor can provide PDF copies of the workbook).

Fee: \$245
10 Weds., 9/20-12/6 | 6-8 p.m. Baird, Monica
ONLINE
No class on 10/18 & 11/22.

SPANISH: GRAMMAR

A thorough review of the present tense, past, future, imperative, conditional and the subjunctive with exercises. Grammar workbook required: McGraw Hill "Practice Makes Perfect Spanish Verb Tenses," second or third edition, by Dorothy Richmond.

Fee: \$245
10 Tues., 9/26-12/5 | 10 a.m.-12 p.m. Baird, Monica
ONLINE
No class on 10/17.

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DIRECTIONS AND PARKING

Parking is free for students. Community Education students attending on-campus classes will be emailed a parking permit to print and display for classes each quarter. Creative Retirement Institute (CRI) students can obtain their permit at the front desk in the Maltby Building. Please use the QR code to see a campus map. edmonds.edu/campus-map